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NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART

Humboldt County, CA | FREE
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Reaching for Resilience

New programs were beginning to address the traumatic foundation of Humboldt's health problems. Then came COVID.

BY IRIDIAN CASAREZ

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Here to Hire

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Seasons

When the growing season ends,
some gardeners (and some lovers)
will pull a withered embrace
of sweet peas
from the supporting trellis,
sweep puckered
tomato kisses off
a stained patio floor,
and say “so long” to root-bound,
disappointing efforts.
They’ll feel free at last.
No longer engaged
in watering, feeding, weeding.
Free . . .
until amnesia
floats in
on a soft spring breeze.

— Jenny Lovewell

On the Cover
“Counting on Community”
by Annelise Farquar



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Mark Boyd x314
Michelle Dickinson x304



WRITERS WANTED

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The *North Coast Journal* is looking for smart, talented writers and reporters to add to the ranks of freelancers who contribute news and features to the weekly paper and its website. No experience necessary. *Journal* editors will be hosting an introductory virtual meeting to give an overview of the process and answer questions.

What: Writers Roundup

When: Oct. 8, 2020 at 7 PM

Where: Virtual

Sign Up: E-Mail RSVP

Editor@NorthCoastJournal.com

E-mail with "Writers Roundup" in the subject line and your full name and contact information in the body of the e-mail to receive a link to the meeting.

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NCJ MAILBOX

'A Fool's Paradise'

Editor:

The U.S. has now surpassed 200,000 deaths from the COVID virus — 20 percent of the world's deaths despite having only 5 percent of the world's population ("Seventh COVID-related Death Reported," posted Sept. 24). We now know, in the president's own words back in February, that he knew of the dangers of the virus. He said that he did not want to alarm Americans, so he played down the impact and even lied to us.

Two of the 20th Century's greatest leaders, FDR and Winston Churchill, saw their responsibilities much differently. Churchill said, "There is no worse mistake in public life than to hold out false hopes soon to be swept away."

"The British people can face peril or misfortune with fortitude and buoyancy, but they bitterly resent being deceived or finding that those responsible for their affairs are themselves dwelling in a fool's paradise," Roosevelt said. "The American people must be prepared for it and they must get it straight from the shoulder."

According to Jon Meacham, author of the book, *Franklin and Winston*, "People respect candor if they are confident their leaders have a plan for moving forward."

Oh my!

Edward "Buzz" Webb, McKinleyville

'A Reason to be Fearful'

Editor:

President Trump has a measureable lead in crucial swing state Florida, and a narrow lead in swing state Arizona as of writing. This election is no slam dunk for Joe. The thing keeping Trump in the race is violent protest. No one is more outraged at the hypocrisy of the Republicans regarding the Supreme Court Justice vote close to the election (NCJ Daily, Sept. 24). I understand and share the outrage at the murder of innocent black folks ("Protestor Hit at Breonna Taylor Demonstration in Eureka," posted Sept. 24). Most daytime protests are peaceful, but a cop was shot today, several more days ago. The election will be won or lost in swing states Trump won last time. Big deal, Trump gets re-elected, right? A 40-year-old current reader 30 years in future reminiscing to grandchild, "You know Daisy, there was a time, decades ago before the court got packed with young conservative judges, women had control over their body and were on the road to equal pay and more representation in the boardroom. At least you have that cookie baking job, and at near minimum wage, too."

Give those folks a reason to be fearful with cities burning down and cops shot,

and you'll be snatching defeat from the jaws of victory.

John Dillon, Eureka

'Truly Irresponsible'

Editor:

Yet again, not a single plant-based burger?! (Burger Week, Sept. 24.) I know people love their beef. But at this point, it is truly irresponsible to not even acknowledge the environmental impact of it. This is a chance to encourage folks to try something new! Promoting our local restaurants and environmental responsibility are not mutually exclusive.

Julie Slater North, Arcata

Vote!

Editor:

This is the wrong time to raise taxes. Too many of our fellow citizens are already hurting financially. Jobs lost. Businesses closed or struggling. Unemployment benefits uncertain. Food banks facing unprecedented demand. Homelessness is a crisis with more to come as people fall behind on rent and mortgage payments.

We already pay extra taxes for elementary and high schools, CR, stormwater drainage and two — yes, two — existing assessments for the Arcata Fire Protection District. In addition, Arcata got a multiyear extension of the city sales tax, and it has announced a near doubling of the cost for water and sewer. And PG&E has filed to raise rates yet again.

All of these taxes and fees add up, and they hit seniors and those on fixed incomes especially hard. The only way to fight back is to oppose them wherever possible.

Start by voting no on Measure F!

Richard Sanborn, Bayside

Editor:

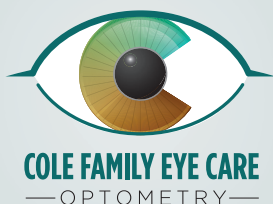
I want to acknowledge and thank Supervisor Estelle Fennel for her tireless work, guidance and support as we explore local solutions for community issues. Notably, she worked with the Office of Emergency Services on the Humboldt County COVID action plan helping us to stay ahead of the curve. She supported SHO's CDBG funding request to assist homeless to shelter-in-place preventing COVID spread through the camps and the broader community through spring 2021. She toured the wildfires with state Sen. Mike McGuire as he witnessed firsthand the devastation of the fires and the coordination of local volunteer fire departments,

Continued on page 7 »



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CELEBRATING LOCAL HISTORY



Photo courtesy of the Humboldt State Library - Swandlund-Baker Collection

Eeloa Cottages - Rio Dell, circa 1950s

Humboldt County's rivers and lush woods have always been a great place to experience the outdoors but in the 1950s, the highway system started to expand and improve making it even easier for families to hit the road and vacation to Northern California. What was better than a trip up Highway 101 to Humboldt County? The highway was littered with roadside attractions, motor-lodges and cottages like the fully equipped Eeloa Cottages. With easy access to the Eel River, renting an Eeloa Cottage was the perfect destination for a getaway filled with hiking, fishing and swimming!

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"Supervisor Fennell works hard every day for the people of Humboldt County. Estelle has shown tireless leadership during the pandemic and the wildfires. She's been a champion for Public Safety and keeping our Community and Environment safe." —SENATOR MIKE MCGUIRE

"Supervisor Fennell knows we need qualified, professional deputies to serve our county. We appreciate her support and respect for the working men and women who serve all of us." —HUMBOLDT DEPUTY SHERIFFS ORGANIZATION

"We know Supervisor Fennell is the best candidate for this job and we fully endorse her for Humboldt County Supervisor District 2." —OPERATING ENGINEERS LOCAL # 3

"Estelle has been a long time supporter of our Building Trades, advocating for good paying jobs and a cleaner environment for the people of Humboldt County." —BUILDING AND CONSTRUCTION TRADES COUNCIL OF HUMBOLDT AND DEL NORTE COUNTIES

"We thank Supervisor Fennell for her commitment to good paying jobs for workers and their families." —IBEW LOCAL 551



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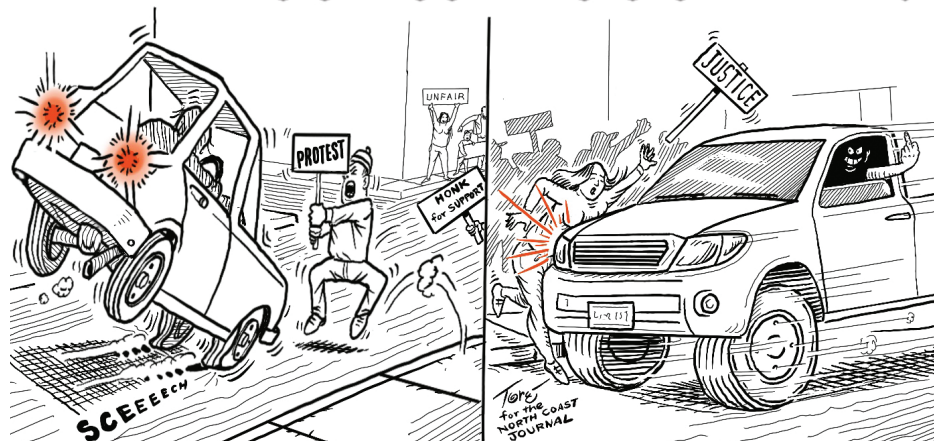
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2 EXAMPLES OF POOR DECISION MAKING



Terry Torgerson

CalFire, U.S. Forest Service and Humboldt County Sheriff's Office gaining assurances of assistance with securing the resources that will be needed for Humboldt County recovery. Supervisor Fennell's extensive rural community organizing, and networking skills are invaluable as we navigate local, state, and federal resources to build a safe, healthy, prosperous community.

Patricia Rae, Redway

Editor:

Supervisor Estelle Fennell has proven her ability to lead our community, especially when it matters most. No other candidate has the experience or networks in place to serve our Second District. Estelle's energy and commitment are unwavering. She listens, learns, acts and goes the extra mile. Estelle has established strong relationships at federal and state levels. Throughout this pandemic, Estelle has successfully worked with others to make our community safer and stronger. Our firefighters have additional funding, our most vulnerable have been provided assistance to shelter in place and the list goes on. When re-elected, Supervisor Estelle will continue working on ongoing projects providing desperately needed resources and funds for our rural communities, especially as COVID-19 continues to threaten our communities.

Please join me and Dennis and re-elect Estelle Fennell for supervisor, a proven leader!

Carolyn Hino-Bourassa, Redway

Editor:

My primary experience with Supervisor Fennell has been through the Rio Dell City Council. Over the past eight years, Hum-

boldt County has faced several challenges. This is why it is critical that we have local leaders that have and will continue to lead during these times. Her past record clearly shows those leadership skills.

As a member of the Redwood Coast Energy Authority (RCEA) that formed a local Community Choice Energy (CCE) agency to lower local energy costs, she was instrumental in holding PG&E accountable to resolve the loss of power to Humboldt during last year's Public Safety Power Shutoffs (PSPS). Another area demonstrating her strong support and leadership has been the ongoing fires throughout our county. She has worked tirelessly with local and state agencies to keep our families and property safe.

Frank Wilson, Rio Dell

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The deadline to have a letter considered for the upcoming edition is 10 a.m. Monday.

Write an Election Letter!

The *Journal* will accept letters endorsing specific candidates or measures until 10 a.m. Oct. 19. Elections letters must be no longer than 150 words and must otherwise follow the guidelines outlined above.



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Pandelection

What you need to know about voting in November

By Thadeus Greenson

thad@northcoastjournal.com

Even with a global pandemic and raging wildfires to distract, you're probably keenly aware that we are just weeks away from Election Day, which will decide what's possibly the most heated — and some would argue consequential — presidential races in recent memory.

Humboldt County voters will also face a smattering of other decisions, including nine local ballot measures about everything from whether Eureka should move to a ranked choice voting system and whether Arcata should impose a parcel tax to fund park maintenance to whether a special tax should be imposed to raise funds for the Arcata Fire Protection District and whether the county should be authorized to obtain state and federal funds to develop low-income housing. In addition, there's a runoff election for a seat on the Humboldt County Board of Supervisors, 14 school board races to follow, more than two dozen candidates vying for seats spread across four special districts and 38 candidates racing for seats on one of seven city councils. It's a lot.

But before voters even get to making the choices that will shape the future, they first will have to wrap their heads around what will be a very different Election Day — or election days — with California shifting to a universal vote-by-mail system in an effort to reduce the spread of COVID-19. Here's what you need to know to ensure your vote is counted.

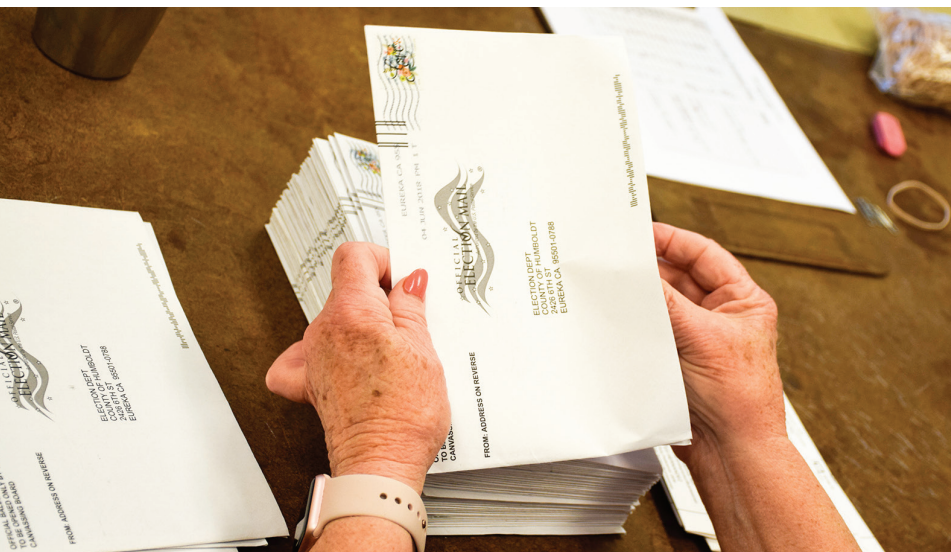
Registration

If you're not registered to vote, don't stress — there's still time. In fact, in California you can register right up to and even on Election Day (Nov. 3). But in order to get your vote-by-mail ballot, avoid having to cast a provisional ballot and ensure your votes will be in the election night tallies (more on all of that later), you'll have to register by Oct. 19. If you're uncertain of your registration status, you can check it by visiting www.co.humboldt.ca.us/election/voter-status. To register, visit www.registertovote.ca.gov.

Humboldt's electorate

As of July 3, 80,250 people — 77 percent of those eligible to cast a ballot — were registered to vote in Humboldt County. About 47 percent of those are registered Democrats, with another 24 percent identifying as Republicans, 22 percent having registered with no party preference, 3 percent American Independents, 2 percent Green partiers and 1 percent Libertarians, according to the most recent registration report from the California Secretary of State's Office.

Humboldt County Registrar of Voters Kelly Sanders said the actual registration tally currently stands at 82,014, an increase of nearly 3,000 voters from the presidential primary in March. Interestingly, though, that's still fewer voters than the 82,917 who were registered for the November presidential election in 2016. As of the July report, the Republican Party had lost 543



A volunteer prepares vote-by-mail ballots for counting in 2018.

File

local voters since 2016, while the Democratic Party had shed 58 locals. The biggest changes, however, were seen in local support for the Green Party — which had dropped 785 voters, or nearly 40 percent of its local membership — and no-party preference voters, who numbered nearly 2,000 fewer than four years ago.

Ballots in the mail

Every registered voter in California is slated to receive a vote-by-mail ballot this year in an election that promises to look quite different than all its predecessors. Sanders said ballots will be mailed to “all active” voters Oct. 5 and should land in local mailboxes later that week. She clarified that nobody has been removed from local rolls for failing to vote and that someone's status is only switched to “inactive” if materials mailed from the elections office to them are returned as undeliverable.

Sanders encouraged locals to use those vote-by-mail ballots, and to use them early to help ensure they're included in the tally on Election Night. (Only vote-by-mail ballots received by the Elections Office prior to Election Day are included in that tally, with others having to go through a verification process that generally leads to their counting being delayed by a week or so.)

“We would really encourage people to vote their vote-by-mail ballots,” Sanders said. “We want people to vote safely from home. We want to minimize [COVID-19] exposure for our voters and our election workers, and we want to reduce lines.”

What to do with those ballots

Once you've filled out your vote-by-mail ballot, you have options on how to get it back to the Elections Office. They'll come with pre-paid postage, so one option is just putting it in the mail. Sanders said all ballots postmarked up to and on Election Day and received by the Humboldt County Elections Office by Nov. 20 will be considered valid and counted.

Voters can also hand-deliver ballots to the Elections Office — 2426 Sixth St. in Eureka — which is open weekdays from 8:30 a.m. to 5 p.m., or to one of the 13 voter assistance centers and “pop-up locations” that will open throughout the county (more on those below).

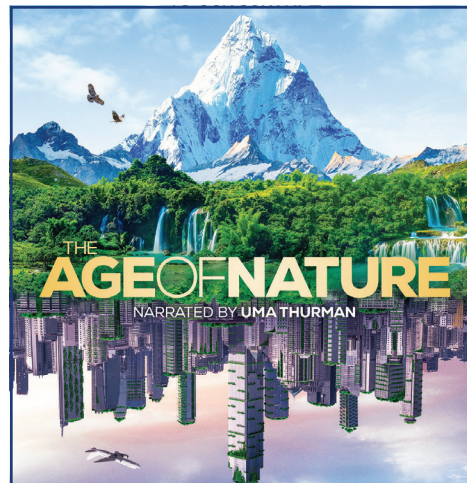
Sanders said the county will also be setting up secure ballot drop-off boxes throughout the county.

“We've partnered with local businesses, mostly grocery stores and hardware stores, because they're open seven days a week for long hours,” she said.

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Here:



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Sanders said the boxes will be secure and installed directly into concrete fixtures, with 24-hour availability at various locations — including all Ray's Food Places, Murphy's Markets, ShopSmart in Redway and outside the Elections Office, among others. She said election workers will make the rounds in pairs on a set schedule to collect ballots from the boxes and securely deliver them back to the Elections Office.

But again, Sanders urged voters to get their ballots in as early as possible, no matter the method.

"I would really encourage people to drop their ballots off early if they don't want to mail them," she said. "If they wait until Election Day to drop them off, those ballots will be processed after the election."

And those who cannot physically put their ballot in the mail themselves or deliver it in person have the option of designating someone else to do so, which requires both people signing an affidavit on the ballot envelope.

What if you need a new ballot?

Did you spill coffee on your ballot, lose it or maybe just come to regret a certain vote before turning it in? Fret not, your vote is not lost. If a voter needs a new ballot early in the process — before Oct. 19 — they can simply write "spoiled" across the front, check the box indicating they would like a new vote-by-mail ballot and send it back to the Elections Office. There's also the option of physically returning it to the Elections Office and receiving a new one, or bringing it to one of those aforementioned voter assistance centers (again, more on that below).

Can I vote in person?

Yes. Yes, you can. But there will be far fewer options than during a non-pandemic election, when the county typically opens 50 or so polling locations. This year, Sanders said the county will staff nine voter

assistance centers that will be open from 8 a.m. to 4 p.m. daily Oct. 31 through Nov. 2, and from 7 a.m. to 8 p.m. on Election Day. These will be located at: McKinleyville Middle School, Azalea Hall in McKinleyville, Mad River Rapids RV Park in Arcata, the Arcata Community Center, the Eureka Pentecostal Church, the Humboldt County Elections Office, the Eureka Veterans Memorial Building, College of the Redwoods and the Fortuna Veterans Memorial Building. Additionally, pop-up locations will be open on Election Day only from 7 a.m. to 8 p.m. at the Hoopa Neighborhood Facility, the Willow Creek Community Services District, the Humboldt County Fairgrounds and SoHum Health's campus on Sprowel Creek Road in Garberville.

Those wishing to cast a normal precinct ballot can do so at any of these locations, though they should bring their unused vote by mail ballot as proof they haven't voted. (Otherwise, Sanders said they will have to wait while a poll worker calls into a hotline to verify that the voter has not already submitted a vote-by-mail ballot, which could take a while and lead to longer lines and more crowding, all of which officials are working to avoid.)

For those who do need to vote or drop off a ballot in person at a pop-up location or voter assistance center, Sanders said there will be plenty of protocols in place as her staff is working closely with state officials to make the process as safe as possible. Poll workers will be outfitted with gloves, masks, face shields, sanitizers and disinfectants, she said. Voting booths and lines will be physically distanced and all equipment, pens and counters will be sanitized between voters. Voters who show up without a mask will be given one, she said, and anyone refusing to wear one — or just uncomfortable entering the premises — can have a poll worker bring a ballot to their car.

But all of this will be time-consuming, Sanders warned, which is why she's urging

everyone to use their vote-by-mail ballots and vote early, if possible.

I lost my ballot and can't make it to a voter center, what do I do?

If wildfires have pushed you from your home, you're homebound and your ballot never came or for some other reason don't have access to a ballot, fret not. California has long made remote accessible vote-by-mail ballots available to military personnel stationed overseas and, in this pandemic year, they're an option for everyone. You can go to the county elections website and access your ballot materials electronically, downloading them through a secure portal, print them out and mail them back to the Elections Office. (Sanders warned these ballots go through added layers of scrutiny to ensure nobody has doubled voted.)

Is it all secure?

Sanders thinks so. She said California protocols are very secure and make sure none of the optical scan or voting machines are connected to the internet — protecting them from hacking — and there's a paper trail of every vote cast. And because ballots are printed locally, she said they are delivered directly from a secure printing facility to the Elections Office, then taken to the Post Office. All ballot containers and equipment have tamper-proof seals with strict chain of custody protocols.

And when it comes to vote-by-mail ballots, Sanders said they go through more scrutiny than precinct ballots when it comes to checking signatures and bar codes.

"I think we have a very secure voting system with a lot of protocols in place," she said. "I feel very comfortable about our voting security."

And, she reminded, there is an automatic manual re-count of at least 1 percent of the votes cast in each race on every

local ballot and the Humboldt County Election Transparency Project scans an image of each ballot cast in the race and makes them available to the public, along with open-source tabulating software, to catch any irregularities.

To provide another layer of transparency, Sanders said there are plans for Access Humboldt to live stream the 1-percent recount this year, too.

When will we know the results?

The Elections Office has 30 days to complete vote counting under California law, so results should be final by Dec. 3. But how good a handle everyone will have on the results on Election Night is ultimately up to voters, Sanders said. If most ballots come in prior to Election Day, she said the law allows elections staff to open them up, verify signatures and get them in stacks ready for optical scan machines to count on Election Day so they can be included in the tallies that night along with precinct ballots cast that day. But any vote-by-mail ballots that show up on or after Election Day, or provisional ballots cast at the polls, would add to the number that remain uncounted initially, leaving the results less certain and more likely to shift.

Pandemic aside, Sanders said the trend in recent years indicates candidates may be in for a long wait to learn their fates.

"The trend is more and more people like to hold onto their ballots and deliver them on Election Day," she said. That, Sanders said, is a trend she hopes to see reversed this year in an effort to keep everyone healthy and get the most complete results possible posted on election night.


Thadeus Greenson (he/him) is the Journal's news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

Members say, "Thanks for local, regional journalism," "Consistently great job by NCJ staff; thank you."

"John J. Bennett's movie nerd column is ALL THAT AND A TUB of POPCORN with free refills."

"We greatly appreciate the NCJ. Stay safe and healthy."

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ARCATA SCHOOL DISTRICT SEEKS SCHOOL BOARD MEMBERS

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Unoccupied

Four months after their arrival, Arcata's seven FEMA trailers remain empty

By Ashley Harrell

newsroom@northcoastjournal.com

On June 19, the *North Coast Journal* published a story about how seven trailers provided to the city of Arcata to shelter vulnerable populations during the pandemic had been sitting unused for more than seven weeks. Three months later, the trailers still sit empty, according to an email from Arcata City Manager Karen Diemer.

"Please know that the city and Arcata House Partnership have continued to work hard to open the trailers ... We are closer every day," Diemer wrote in response to an inquiry from Valley West neighborhood advocate Lucy Salazar, who spotted and photographed the unused trailers next to a shelter on Boyd Road in mid-September.

Diemer's email response also addressed several reasons the trailers remain unoccupied, including challenges with placement, funding, sewer service and the titles. Salazar was unimpressed, and responded that she was aware of at least one trailer park with available spots, and many homeless families in desperate need of a safe place to live.

"There just doesn't seem to be any sense of urgency to help homeless families or individuals," Salazar told the *Journal*.

Diemer did not respond to an email seeking comment for this story.

Back in May, when Gov. Gavin Newsom announced the state would be providing seven trailers to the city of Arcata as part of a statewide program to shelter vulnerable populations during the pandemic, it was a win for the city. Most of the project's 1,309 trailers were headed for larger municipalities, but Arcata had presented a strong case for its population's need as Humboldt County has one of the highest per-capita rates of unsheltered homelessness in the country.

The state had purchased the trailers from the Federal Emergency Management

Agency (FEMA) and delivered them to Arcata in early May. According to news reports, the city expected to move the trailers

to more permanent locations within a few weeks, and was working with the Humboldt County Department of Health and Human Services and Arcata House Partnership to select occupants.

But four months later, none of the trailers are in use.

"We did reach out to all the local trailer parks but none were able to accommodate the trailers," Diemer wrote in her email to Salazar. The city then looked to a site on Boyd Road, she explained, which requires the construction of a sewer, for which the city is in the process of securing the funding and engineering designs. "There may be a temporary period that we can utilize the trailers with porta potties, but that would not have been approved without the long-term commitment to sewer," Diemer wrote.

Another significant hurdle is that the trailers arrived untitled. "We have been diligently working with the county and state to get [the] title into Arcata House Partnership's name so they can be insured and operational," Diemer wrote. "Lastly needed to secure funding for support operations, and electrical to the units, which was just sealed with a contract last week."

Salazar says she understands the city must jump through some hoops but is appalled it isn't moving faster. In her response to Diemer, she cited California Department of Education data showing that 48 homeless students were enrolled in Arcata's public schools last year. "These travel trailers could have provided a much needed safe location for these kids and their families for many months," Salazar wrote.



Four months after their arrival, Arcata's seven FEMA trailers meant to shelter the homeless remain empty.

Submitted

Also frustrating to Salazar is that she's aware of a trailer park that seems to have plenty of spots open. "I am very surprised that Town and Country Mobile Home Park wasn't interested in seven more rentals," she wrote. "They have many travel trailers in place (with families living in them), and I saw over 10 open spots the other day when I drove through."

"I don't think FEMA would be very happy that these trailers are still empty after all this time during a pandemic!" she continued. "It will start raining soon and these folks deserve to have access to these travel trailers."

Come winter, the city and Arcata House Partnership do have plans for the trailers. "The trailers will be a core component as we move into winter and will allow for an isolation period before individuals are moved into congregate sheltering during this COVID-19 period," Diemer wrote. "Adding seven units of temporary housing is actually a big deal for us given the challenge that we face in locating housing units and while the slow progress has been frustrating for all of us, it will be worth it once they are in operation in a manner that is safe, supported and sustainable."

While this may not be what state officials had in mind when they sent the trailers back in May as emergency resources, some local housing advocates say that using them as a transitional spaces makes good sense.

"I think it's a good idea," said Nezzie Wade, president of the Affordable Homeless Housing Alternatives Board of Directors. "Their intention is to use those trailers as quarantine facilities, and then

they'll be able to move people safely into their shelter, which offers shared housing. I think following the protocols is the smart thing to do."

What Wade isn't so sure about is why the trailers couldn't have been serving other purposes for the last four months.

"They've been sitting for a long time," she said. "Government moves really slow."

Like Salazar, Wade was wondering why the trailers couldn't be placed at Town and Country Mobile Home Park. The *Journal* called them up and found out.

"We don't have the spaces open," said manager Patty Larson. "So we wanted to help but we couldn't." Larson then explained that the property has been pretty busy, with a lot of people coming and going. The *Journal* asked if seven spaces were to open up, would it be possible that the FEMA trailers could occupy them?

"Well, probably not," Larson said. "We have a lot of problems here with homeless people from the river. We have a lot of vandalism. It's a challenge."



Ashley Harrell (she/her) is a Northern California journalist who writes about social justice, crime and wildlife. Follow her on Twitter @AshleyHarrell3 or email her at ashley@northcoastjournal.com.

The Community Voices Coalition is a project funded by Humboldt Area Foundation and Wild Rivers Community Foundation to support local journalism.

This story was produced by the North Coast Journal newsroom with full editorial independence and control.

New for the November Presidential General Election, the Humboldt County Office of Elections has partnered with **Murphy's Markets** to provide ballot drop boxes located throughout the County

The ballot drop boxes give voters an additional easy and convenient way to return their vote by mail ballots. Ballot Drop Box locations will be open 7 days a week from October 6th through November 3rd (Election day). The drop boxes will be locked at 8:00 p.m. which is the close of polls on November 3rd.

Election staff will retrieve the vote by mail ballots for processing on a regular basis.

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Fires Ramp Up

As the *Journal* went to press Sept. 29, fires continued to burn to Humboldt County's north, east and south, with drier, hotter weather having brought increased fire activity in recent days. Here's a brief update on where each of the three fires stood as of the *Journal's* deadline. Check www.northcoastjournal.com for regular updates.

August Complex:

938,044 acres (all zones),
43 percent containment

Evacuation warnings were issued Sept. 28 for large swaths of southeastern Humboldt County as fire activity increased with dry, gusting winds.

"[On Sept. 28], the fire continued to be wind driven to the west and southwest prompting evacuation orders and warnings being expanded in Trinity, Humboldt and Mendocino Counties," an update reads. "Firefighters worked in extremely difficult terrain, performing structure defense and constructing both indirect and direct containment line in the Travis Ranch area. Overnight, the fire was extremely active north of Travis Ranch and east of Zenia where firefighters were faced with the fire making uphill terrain driven runs."

State Route 36 remained closed as the *Journal* went to press to allow firefighters better and safer access to the blaze, with

the entire area of Ruth Lake under an evacuation order.

The Red Salmon Complex Fire:

116,728 acres with 31 percent containment

The Red Salmon complex is burning about 8 miles northeast of Willow Creek, on the Klamath, Six Rivers, and Shasta-Trinity National Forests within Humboldt, Siskiyou, and Trinity Counties and was ignited by a lightning strike on July 27.

Warmer and dryer weather conditions were expected to affect the complex fire as a Red Flag warning was in effect until the evening of Sept. 29.

"Easterly winds could reach speeds between 15-20, with gusts as high as 30 mph. These conditions have caused the fire activity to increase throughout the day [Sept. 27] and into [the morning of Sept. 28]. Islands of unburned fuel within the fire's interior began burning more actively, contributing to the accumulation of smoke in the surrounding communities," the Sept. 29 update stated.

A temporary flight restriction was put in place in the area northeast of Orleans, along with an evacuation warning for Forks of Salmon. The Klamath and Six Rivers national forests closures were extended through Sept. 30, however, they could be extended depending on fire activity.

Home for the Houseless



An artistic rendering of the Providence Eureka House, a project by St. Joseph Health that will use a \$4.3 million Homekey grant to convert the Humboldt Inn on Eureka's Fourth Street into 42 units of permanent supportive housing for the homeless. POSTED 09.28.20

Submitted

The Slater and Devil Fires:

Slater: 154,102 acres, 38 percent containment

Devil: 8,410 acres, 18 percent containment

The Slater Devil fire started on Sept. 8, with the causes still under investigation. Crews were working to hold and improve the lines from the Oregon/California border on the west side of Highway 199 east to the Sucker Creek area, while crews near Happy Camp and the Thompson Creek areas were continuing digging line as close

to the fire as they could and using small firing operations where necessary for the Slater fire.

Weather forecasts predicted high winds, temperatures, low relative humidity and very dry fuels, which can create conditions for any new fire starts to spread rapidly. Officials warned residents to use caution while recreating in the area.

— Kimberly Wear and Kali Cozyris
POSTED 09.29.20

Make us a part of your daily life

For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

Two More COVID Deaths: Two more Humboldt County residents with COVID-19 died this week. The county reported its seventh COVID-related death Sept. 24, before surpassing 500 total confirmed cases Sept. 25 and then announcing the eighth COVID-related death of a local resident Sept. 28. The county remains classified in the "moderate" risk category and has seen numbers of confirmed cases trend downward since Sept. 15. POSTED 09.28.20

Treats, No Tricks: The U.S. Centers for Disease Control released its Halloween COVID-19 guidelines Sept. 25, urging people to forgo "higher risk" activities like crowded costume parties and traditional trick-or-treating in favor of "lower risk" activities like virtual costume parties and scavenger hunts with members of your household. Also, the CDC warned, screaming necessitates increased physical distancing. Read the full story at www.northcoastjournal.com POSTED 09.26.20

Neighbors Helping Neighbors: The Blue Lake Rancheria delivered more than 10,000 pounds of food to the Karuk Tribe last week to help its tribal members impacted by the Slater Fire. "The fire is devastating our Tribe and community," said Karuk Tribal Chair Russell 'Buster' Atterbery, adding that as many as 150 tribal members' homes had burned down in the blaze. POSTED 09.26.20

Digitally Speaking

87

The record high temperature in degrees recorded Sept. 28 under a smoky sky in Eureka, breaking a previous record of 79 degrees set in 1945. POSTED 09.28.20

They Said It

"Preliminary findings indicate that the pedestrian may have placed herself in the path of the vehicle at the time of the collision."

— A Eureka Police press release announcing an investigation in the vehicle versus pedestrian crash that left a woman with minor injuries during a Sept. 25 Breonna Taylor protest in Eureka. POSTED 09.25.20

Comment of the Week

"If you want to protest, do so in a quiet way I can easily ignore!" — people who don't understand what a protest is."

— Molly Rachel on the *Journal's* Facebook page responding to another comment urging Breonna Taylor protesters to refrain from disruptive behavior. POSTED 09.24.20

Reaching for Resilience

New programs were beginning to address the traumatic foundation of Humboldt’s health problems. Then came COVID.

By Iridian Casarez
iridian@northcoastjournal.com

Many Ann Hansen probably understands the landscape of early childhood education in Humboldt County better than most. Before she became the director of First 5 Humboldt in 2015, she worked as a full-time lecturer in the Child Development Department at Humboldt State University and had been the head preschool teacher at the university’s child development lab.

Her career centered on helping train future teachers, social workers and caregivers to work with young children in a responsive way, based on the best practices and the most recent science. She taught the concepts of risk and resilience, and how they’re impacted by factors like poverty, parental substance use disorder, child abuse and other adversities.

Hansen also grew up in Humboldt County and her passion for helping families overcome adversity is deeply personal. She’s seen the impact trauma has on families, neighborhoods and the entire community, and felt the stress daily in her pre-school classrooms, where children would overreact to minor situations because their stress response systems had become overwhelmed. And she knew the statistics — that Humboldt County has the highest rate of students receiving special education services (17.2 percent) in the state, a child abuse and neglect report rate 60 percent higher than the state average and a suspension rate 1.5 times the rest of California.

In 1998, the Centers for Disease Control and Kaiser Permanente took a landmark step toward quantifying the amount of trauma a person experiences in their childhood, defining Adverse Childhood Experiences (ACEs) as falling into one of 10 categories: sexual, emotional and physical abuse; emotional or physical neglect; and living in a household with someone who suffers from mental illness, domestic violence, substance abuse or divorce, or having an incarcerated relative. Each experience counts as one ACE, with the total representing an ACEs score on a scale of one to 10.

Hansen herself had a score of eight. She understood the science and impacts of stress, childhood trauma and the phenomenon of resilience — the ability to cope with tough

situations. But she still didn’t fully comprehend the depths to which childhood trauma was impacting just about every aspect of life in Humboldt County.

That was, until she heard a 2015 lecture by Nadine Burke Harris, now California’s first surgeon general, about her Center for Youth Wellness’ (CYW) 2014 study on ACEs and how traumatic experiences affect children long term.

“When I first heard Nadine Burke Harris present on ACEs in California, I felt like a light bulb came on and all the pieces started fitting together,” she says.

A Generational Cycle

While it was evident that too many Humboldt County children were experiencing trauma, the CYW study quantified it, finding Humboldt and Mendocino counties combined to have the highest rate of adverse childhood experiences scores in California, with about 75 percent of residents having experienced one or more of these childhood traumas. That far outpaces trauma rates in other areas, like Los Angeles County, where 61 percent of residents had experienced one or more ACEs, or the 53 percent of Santa Clara County residents who had an ACEs score of one or higher.

But more troubling was the study’s finding that 30 percent of Humboldt and Mendocino residents have experienced four or more ACEs.

That was a turning point for Hansen, as there was now an official report showing Humboldt County residents suffer from more trauma than their counterparts in other counties. In that sense, the study corroborated what Hansen had been seeing.

But the study didn’t just quantify childhood trauma, it also found that having a high ACEs score correlated with negative health and behavioral outcomes in adulthood.

“A person with four or more ACEs is 5.13 times as likely to suffer from depression, 2.42 times as likely to have chronic obstructive pulmonary disease (COPD), 2.93 times as likely to smoke and 3.23 times as likely to binge drink,” the CYW report states.

The study’s findings suggest that some of Humboldt County’s most entrenched problems — from rates of drug and alcohol addic-

tion to homelessness and crime — may take root in childhood trauma. And the reasons for that may be biological.

Many poor health outcomes, the study explains, stem from a chemical imbalance of cortisol, the stress hormone produced in the adrenal glands that some refer to as the body’s alarm system. When someone is exposed to a stressful situation, their bodies begin to release cortisol, which activates a fight or flight response, a crucial defense mechanism that has enabled humans to survive throughout evolution. But when people are constantly exposed to these stressful situations, releasing more and more cortisol, the hormone becomes a toxin that can affect the body’s immune system and, in children, brain architecture.

“I saw, during my years as a preschool teacher, the clear link between a family’s stress/risk factors and a child’s ability to manage stress and navigate a preschool classroom’s challenges,” Hansen says, adding that toxic stress can manifest in behaviors commonly diagnosed as attention-deficit/hyperactivity disorder. “Being on alert because of an activated nervous system makes it hard to sustain attention during circle time or read the good intent of another child who wants to play with their blocks, causing them to ‘overreact’ when the circumstances test their ability to stay calm. What has helped a child navigate an unsafe environment becomes a liability in the classroom.”

The CYW study builds upon another published in the American Academy of Pediatrics that found toxic stress can lead to potentially permanent changes in a child’s ability to learn cognitive, language and social-emotional skills, hamper their ability to deal with adversity and cause physiological changes that can lead to higher rates of stress-related chronic disease and unhealthy lifestyles. In short, childhood trauma can lead to widening health disparities later in life.

That was another connection Hansen began to see clearly. On top of feeling a sense of validation that county residents were experiencing higher rates of childhood trauma, she also began to see how that could explain poor health and behavioral outcomes, in some cases creating a generational cycle of trauma.

According to the 2018 Humboldt County

Community Health Assessment, local health outcomes are worse than the state average by most measures. Humboldt County also sees rates of deaths related to liver disease and cirrhosis, the most common causes of which are chronic alcoholism and hepatitis, that are twice the state average. Local lung cancer rates outpace the state average, while local youth report higher rates of binge drinking than their peers statewide and 18.3 percent of local residents smoke tobacco compared to 11.6 of Californians. From 2013 through 2015, Humboldt County saw nearly 50 percent more COPD deaths per capita than the rest of the state.

“I grew up in Humboldt, and my heart is in this community,” Hansen says. “Suddenly, the struggles and resilience of Humboldt’s families made more sense. It was an ‘aha’ moment tinged with sadness because of what it means for so many of our residents to have one or more ACEs, but also tinged with hope because understanding helps healing.”

‘That One Person’

However daunting the correlation, ACEs experts like Hansen, Harris and Humboldt

Independent Practice Association Medical Director Candy Stockton also know it is not causation and having a high ACE score doesn’t necessarily pre-determine an adulthood filled with poor health outcomes and behaviors. There’s hope for children to overcome trauma to grow up happy and healthy like Hansen, who credits people outside her home with helping her overcome an ACEs score of eight to live a healthy life.

“I personally grew up with ACEs in my life and I was really lucky to have mentors and teachers who believed in me,” she says. “When I went to college I was lucky enough to have a mentor whose study was resilience ... and what she found was that the difference between being successful and happy in your life [with ACEs] was whether or not you had that one person when you were growing up who believed in you and believed in your potential. And I think that’s a really powerful message.”

Positive relationships like these can help children develop support systems and healthy habits, like eating well, exercising and taking care of their mental health, all of which help build support systems and the resilience

ADVERSE CHILDHOOD EXPERIENCES INCLUDE

ABUSE

- Sexual
- Emotional
- Physical

NEGLECT

- Emotional
- Physical

HOUSEHOLD DYSFUNCTIONS

- Mental illness
- Incarcerated relative
- Mother treated violently
- Substance abuse
- Divorce

necessary for people to cope with adversity. “Providing that connection and that support and the buffering as families experience stress is the key to keeping stress from becoming toxic, and becoming something that turns someone’s stress system on for their whole life,” Hansen says.

With all of these new understandings of how ACEs impact children, Hansen knew that building a healthier community needed a communitywide approach, so she went to the Humboldt County Board of Supervisors and asked the county to invest in ACEs prevention and child mental health. The board agreed, allocating a portion of marijuana cultivation tax revenue toward maintaining and improving county mental health services for children and families. Many Humboldt County community organizations and schools, meanwhile, have begun offering new programs and changed old-fashioned systems, all with an eye toward trauma-informed approaches.

“If we can help stabilize kids’ lives now, then they’re less likely to develop those serious and persistent medical and mental health issues later in life,” Stockton says.

Humboldt County schools have implemented a new training framework aimed at helping school staff become more nurturing, trauma-informed and responsive. The focus is on emotional wellness and inclusive discipline practices, putting a premium on relationships and ensuring that students feel seen and heard. The goal is to support students’ social-emotional learning with schoolwide systems and disciplinary approaches that are reflective rather than reactive.

This new approach has had impacts throughout the county, from specific initiatives (like Klamath Trinity School District creating a student wellness center for school children in the Hoopa Valley) to countywide programs (like the county Department of Health and Human Services partnering with the county Office of Education to streamline the delivery of mental health services for students).

But the boldest steps are happening in the McKinleyville Union Elementary School District, which partnered with the Humboldt Independent Practice Association to create a school-based health center on the McKinleyville Middle School campus. There, led by Vanessa Vrtiak, another Humboldt County native with ACEs in her past, a network of innovative peer support groups are connecting kids to one another and a unique collection of mentors, many of whom have walked in their shoes.

Vrtiak’s vision for the program took root partly in her childhood and her belief that it was the teachers who believed in her, cared for her and guided her that made all the difference.

“I see myself in those kids and I know the protective factors that they need to stop that trajectory of entering the criminal justice system or just numbing themselves from not feeling the pain of their childhood is showing

them love and support and care,” she says. “And that was what saved me — is I always had teachers that loved and cared about me every step of the way. Always. I know that we can’t ‘save’ these kids, nor do I really like that term, or want to. But I know that we can show them another way and that way is always through love and just seeing them.”

Boys to Men

Roberto Gomez, in many ways, is an unlikely candidate to be that proverbial one person in a student’s life. Growing up in Humboldt County, he experienced all 10 traumas outlined by the Centers for Disease Control and Kaiser Permanente.

After Gomez’ father was incarcerated, he saw his mother become the victim of domestic violence at the hands of his stepfather. Then, when he intervened, his stepfather physically abused him. But Gomez says it was only after his mom went to prison when he was 10 years old that he truly felt alone. He then went to live with his aunt but she was working three jobs trying to support him and his three sisters and he began to feel physically and emotionally neglected. So, he says, he started hanging out with the wrong crowd looking for acceptance, leading to a path of self-destructive behavior.

“All I wanted was attention — someone to care for me — and I searched for that in the streets and it didn’t get me anywhere good,” he says.

Gomez went on to be incarcerated 38 times in a span of 15 years, his first arrest coming at age 12 and the last at 27, which led to a moment of clarity and a decision that he was tired of coming back to the jail, tired of hurting his mom and his sisters.

When Vrtiak asked Gomez to be one of the very first guest speakers for a Boys to Men group she was putting together at McKinleyville Middle School, he jumped at the chance. The group provides a safe space for young boys to be open about their feelings, redefine what it means to be called “a man” and learn how to take care of their mental health and well-being without the fear peers will be judgmental, all with the help of volunteer mentors and positive figures to guide them.

Gomez says he wanted to help students avoid making the same mistakes he made, to be the mentor he never had.

“A lot of the kids in the county lack a positive figure in their lives,” he says. “They don’t know how to reach out when they need help and boys are often taught that they can’t be weak or they can’t be vulnerable, that violence is OK. So what happens is that they can’t talk about their feelings and they learn to numb themselves with drugs, and the behavior progresses, leading to incarceration. I have done a lot of research on the ACEs score and [the Boys to Men Group] is the first step that I see in actually engaging with this mission of helping kids with high ACEs.”

Continued on next page »



Amy Knight’s passion for real estate is rooted in her love for connecting with people and a commitment to helping them achieve their goals. Her hardworking nature makes her a trustworthy guide to help people navigate through buying or selling while her infectious positivity helps make the process fun!



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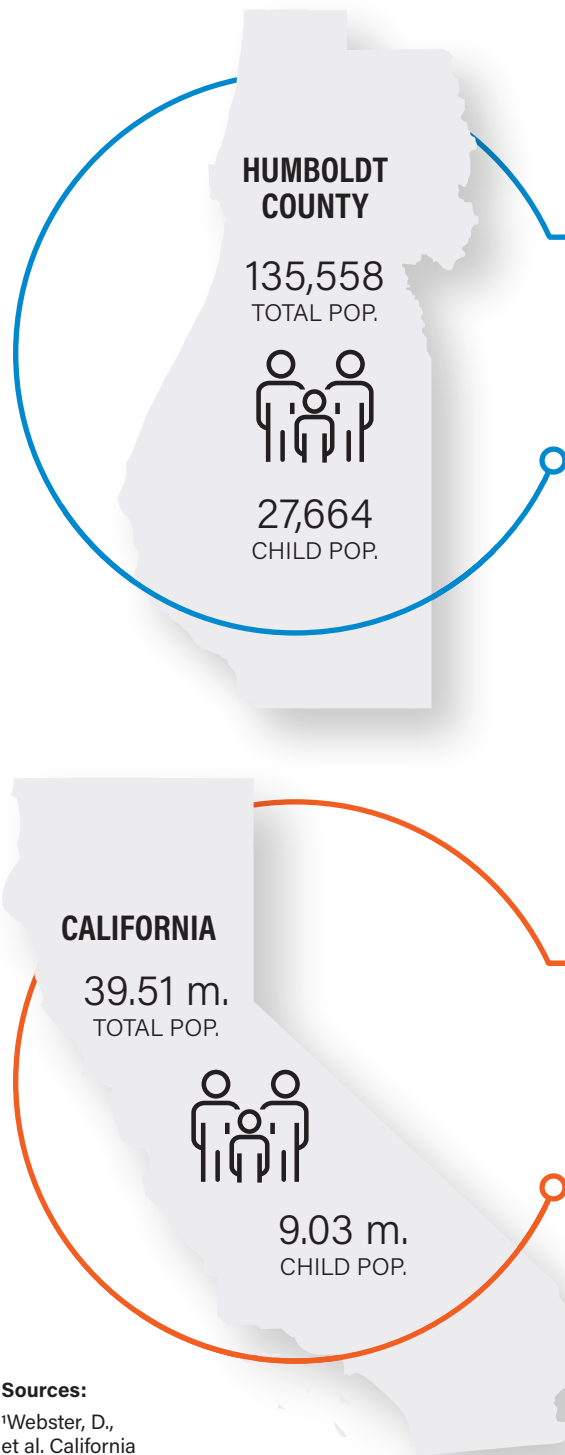
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The Costs of Childhood Trauma

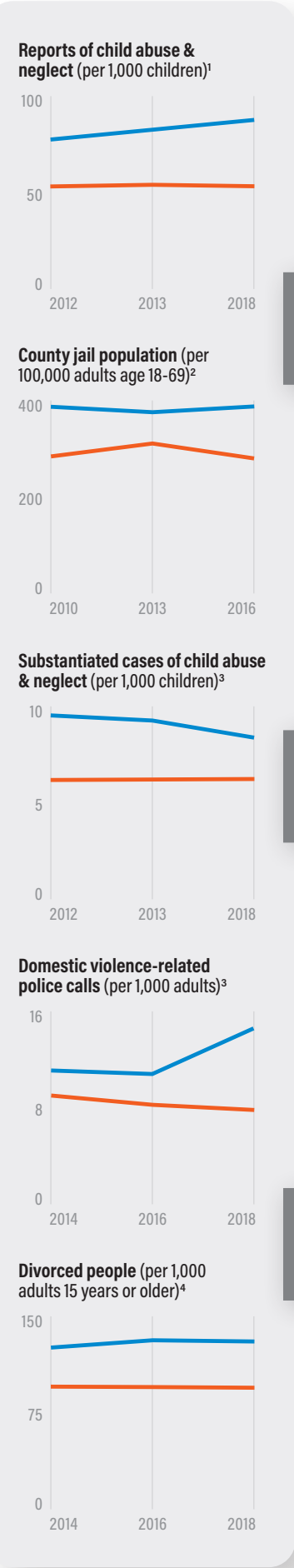
Disparities associated with the prevalence of Adverse Childhood Experiences in Humboldt County and California over the last decade correlated with disparities in the rates of commonly associated health outcomes today.



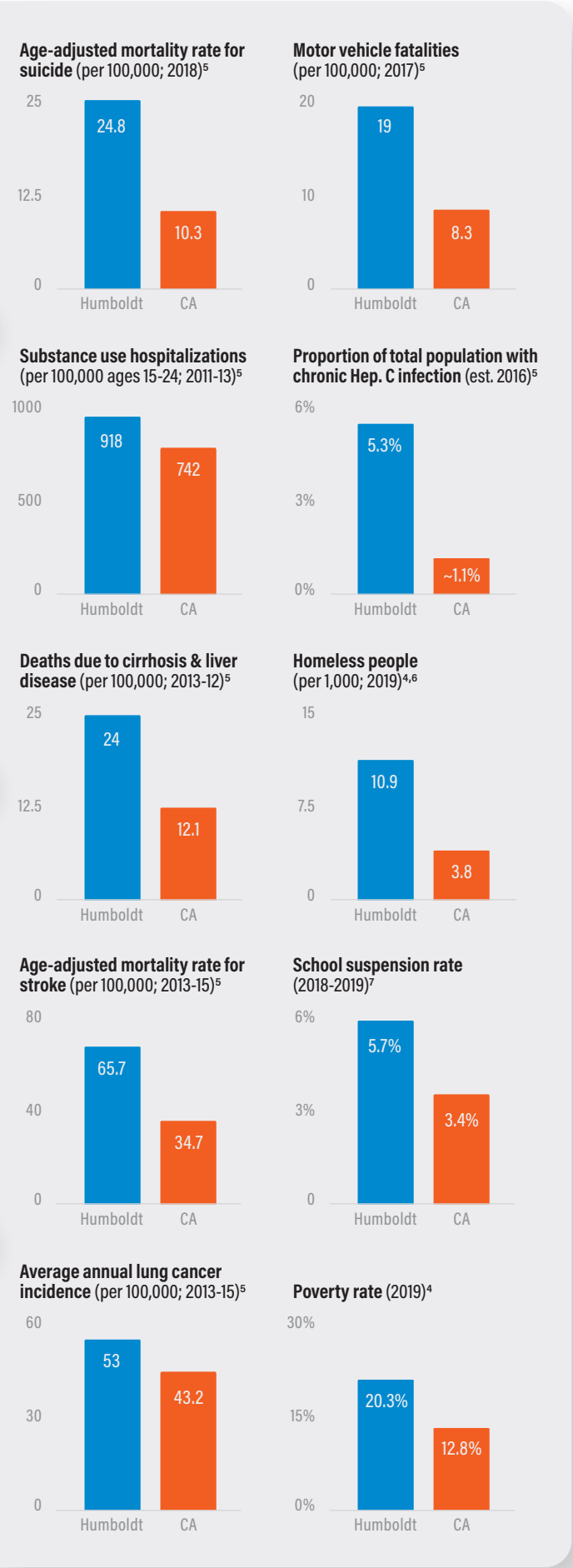
Sources:
¹Webster, D., et al. California Child Welfare Indicators Project Reports, UC Berkeley Center for Social Services Research; ²California Sentencing Institute; ³kidsdata.org; ⁴U.S. Census Bureau; ⁵2018 Humboldt County Community Health Assessment; ⁶Humboldt Housing and Homeless Coalition Press Release Feb. 20, 2019; ⁷California Department of Education.

Graphic by Jonathan Webster / North Coast Journal 2020

INDICATORS



OUTCOMES



The group met at lunchtime. Gomez was just one of a diverse collection of guest mentors invited by Vrtiak — a Eureka police officer, a poet, a journalist and activist, educators and a father — each with a story to share about finding their voice and identity. They talked about respecting women, learning self-care through wellness practices, standing up against bullying and for inclusivity. They detailed how they could have taken different paths in life and broken down the boxes of toxic masculinity, while talking openly with students about how they hold themselves now.

“We all need guidance,” Vrtiak says, “and I think there’s this misconception that men are naturally violent and I think what’s happening in this group is that these kids are pushing back against this misconception of what it means to be a man. A lot of the students are processing these different ideas of how to carry themselves.”

Kintay Johnson, the director of special programs at College of the Redwoods, is from Pensacola, Florida, but has lived in Humboldt County since 2003 and spoke to the group last spring. Johnson says it’s important for kids to have influential people in their lives, even if just for a moment, to plant a seed in their mind and show them what’s possible. He spoke to the group about the power of words and how they can be used to diffuse any situation, about being mindful and finding non-violent ways to communicate.

“I talked to them about keeping your cool and trying to make positive choices and not head down a path of self-destruction, and I gave them some examples of the things kids in the same age as the group are doing down from where I’m from — where they are making life-changing decisions that they can’t come back from,” Johnson says.

Just like Gomez, Johnson wants to help students choose a path of resiliency.

And it’s working, Vrtiak says, describing how a school administrator told her about the time one of her boys group students came into the office after directing foul language at another student. When the administrator asked what Gomez and the other mentors would tell him, he responded remorsefully, saying Gomez would have guided him to do better.

After a couple of the Boys to Men group sessions, Vrtiak (who doesn’t sit in on the groups, wanting to give students privacy) decided to survey students about the group. The responses were fascinating.

“A lot of students reported feeling a deeper connection with their community,” she says. “They talked a lot about treating their teachers with respect and learned how to communicate with their teachers and adults. A lot of them don’t know how to advocate for themselves, so a lot of them reported feeling an increased sense of confidence and self-worth and felt like they wanted to be a mentor to youth themselves.”

‘Everyone Needs Support’

Before she signed on as the program director for McKinleyville Middle School’s health center in 2019, Vrtiak worked at the Humboldt County jail developing rehabilitation programs for incarcerated men and women. But after a couple of years, she decided she wanted to reach people earlier — before they’d made potentially life-altering mistakes.

“I worked with so many young men and women while they were incarcerated and couldn’t help but think what their lives would be like if they would have had support in their developing years,” says Vrtiak.

One of Vrtiak’s first steps after arriving at McKinleyville Middle School was organizing a peer health education group. It was a failure as, much to her dismay, no students showed up. But the answer proved simple. She asked students what kinds of support groups they wanted to attend and learned they were looking for specific groups tailored for boys, girls and those who don’t identify with those genders.

So the health center followed the students’ lead and began creating voluntary open spaces for students last year — a girl’s group, an LGBTQ+ group and the Boys to Men group. Although each has been impactful in its own ways, the Boys to Men group became the one Vrtiak is most proud of. But it’s only one prong of McKinleyville Middle’s approach.

McKinleyville Middle School’s health center is also designed to mitigate student absenteeism and foster emotional growth, giving students access to a health center where they can get minor healthcare services and well-being support without missing school.

“It’s not a traditional school-based health center in the sense that it’s like a full spectrum health care center,” says Stockton, explaining that while the center does offer health services, its focus is more on empowering students and enriching their lives. “So, a lot of mental health and emotional support services and connections with community resources that are needed, like food, housing, parenting support, those types of resources.”

There’s more than anecdotal evidence and testimonials to suggest the multi-pronged program is working.

According to data from the California Department of Education, 8 percent of students at McKinleyville Middle School were suspended at least once in the 2018-2019 school year, including 91 for violent incidents. While that’s a 5-percent drop from 2017-2018, it’s still more than double the statewide suspension rate of 3.4 percent.

In an email to the *Journal*, McKinleyville Middle School Principal Elwira Salata said that in the 2019-2020 school year (which included the distance learning after COVID-19 hit Humboldt County), about 41 students were suspended, which would be a more than 50-percent decrease from the prior year and

Continued on next page »

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NCJ ON THE COVER

Continued from previous page

a potential sign that Vrtiak's groups are having an impact.

Countywide, suspension rates are 60 percent higher than the state average, though they aren't dispersed evenly throughout the county's 30-plus school districts. In 2018-2019, Humboldt County had a suspension rate of 5.7 percent but that jumped to 10.1 percent in the Southern Humboldt Joint Unified School District, 12.9 percent at Fortuna Union High School, 17.3 percent at Klamath-Trinity Joint Unified and 23.7 percent — the county's highest and seven times the state average — at Loleta Elementary.

Although school suspensions are still higher than the state average — and much higher, in some cases — new wellness initiatives and a focus on trauma-informed practices are working, officials say, and suspension rates are declining overall.

Gomez and Johnson believe the type of mentorship program piloted at McKinleyville Middle School — teaching communication skills and mindfulness, while giving students access to a diverse group of positive role models — would benefit students in all Humboldt County schools.

"If they have positive male or female role models in their lives to teach them how to deal with challenges and adversity, to develop resilience, if we can teach young people that, that's one of the most amazing gifts ever that we can pass onto the next generation, is how to be resilient," Johnson says. "To teach them that when a challenge is thrown your way, when something is difficult, that it's not the end."

But it's not just schools recognizing the importance of ACEs and trauma-informed practices.

Since being sworn in as California's first surgeon general in February of 2019, Harris has made ACEs one of the key focuses of the office. Wanting to improve health outcomes and break the cycle of intergenerational trauma, Harris created the ACEs Aware initiative with the help of the state Department of Health Care Services.

The initiative's main goal is to help doctors screen for ACEs, recognizing they are an important factor in determining who is at increased health risk due to toxic stress. Once patients are screened, doctors can give them information on community resources, like housing assistance and food stamps, and talk to them about the importance of managing stress to stay healthy. If a patient is at an extremely high risk of poor health outcomes, they are referred to a mental health specialist, though the American Association for the Advancement of Science reported some critics of Harris' initiative worry California doesn't have enough of these specialists to meet the demand that will possibly stem from mandatory screenings.

Hansen, however, says there are many effective interventions that can be applied before referring patients to specialists.

"It's talking about connecting and supporting your child," she said. "It's talking about mindfulness techniques. It's about getting exercise. I mean, there are all these things. It doesn't have to cost us a lot. It's about having a trauma-responsive practice, whether that's as a clinician, a teacher or a doctor. But it doesn't always mean you have to refer out to other more costly resources. Sometimes the solution is listening and helping put tools in people's hands."

Having seen some of these changes in McKinleyville, Vrtiak says she knew other students could benefit from the added layers of support and decided to expand the group.

Through grant funding secured by the Humboldt Independent Practice Association, the Boys to Men group will be expanding this year to McKinleyville High School, Humboldt County Office of Education's Court and Community School and Humboldt County juvenile hall. The Court and Community School is for students who can't attend a traditional public school — those who are on probation, were suspended multiple times or have issues with substance use. Often, they have high ACEs scores.

Gomez, who spent time in both juvenile hall and HCOE's Court and Community School, says he's excited about the expansion, saying it's especially important for young students who have already been stigmatized as criminals to have access to these programs.

"Everyone needs support," Gomez says. "There's this stigma about how people who are incarcerated are criminals but they don't know what got them there. ... These are innocent babies that grow up in a messed-up life that, next thing you know, are going down these destructive paths."

The 11th ACE

When the novel coronavirus pandemic hit Humboldt County in March, closing schools and businesses, leaving people in their homes, some unemployed and out of school without anywhere to go, Vrtiak knew some of her students lost their outlets of support and others were trapped in increasingly unhealthy, stressful situations.

She was especially worried about the students who extensively utilized the health center and were chronically absent, so she did what she would have wanted her teachers to do in the face of a pandemic: She began visiting students at their homes to check in and see what they needed, if they had enough food, or if their families needed information about applying for unemployment benefits or other forms of assistance.

Vrtiak felt it was important to do this because in Humboldt County — where child abuse, neglect, substance abuse and poverty rates are already higher than the state average — the COVID-19 pandemic meant something else. Here, Hansen says, COVID-19 became an unofficial ACE, a new layer of trauma.

The pandemic layered stress onto already

stressed households, closing businesses and putting people out of work, sending families scrambling to figure out how they were going to provide for their basic needs, like housing, healthcare and food. Some dug into their savings, many more filed for unemployment. (Humboldt County residents filed more than 5,846 unemployment claims in April compared to just 570 filed the same month a year prior.)

The U.S. Census reports that 20.8 percent of Humboldt County residents lived below the poverty line before COVID-19, with 58 percent of the county's school children eligible to receive free and reduced lunches. According to the Humboldt County Office of Education, more than 1,400 local school children qualified as homeless last year.

"So there are the classic 10 ACEs but then there's poverty and racism, bias, living in community violence — all of those things are like the second realm of ACEs that cause the same physiological formula of toxic stress that turns on someone's stress system," Hansen says, "[The pandemic] isn't an identified ACE but it has the same effect."

In a webinar for the ACEs Aware initiative, Devika Bhushan, a pediatrician and chief health officer for the Office of the California Surgeon General, said we may see the similar long-term health effects from COVID-19 as from prior infectious disease outbreaks, natural disasters and economic downturns, including increased rates of heart attacks, stroke, diabetes, COPD, asthma flares and mental health issues like depression, anxiety, suicidality and post traumatic stress disorder.

According to Bhushan, almost everyone is feeling acute toxic stress from the pandemic, whether it stems from the risk of getting COVID, grief and loss, economic strain or widespread social disruption from distancing and isolation measures meant to prevent the virus' spread.

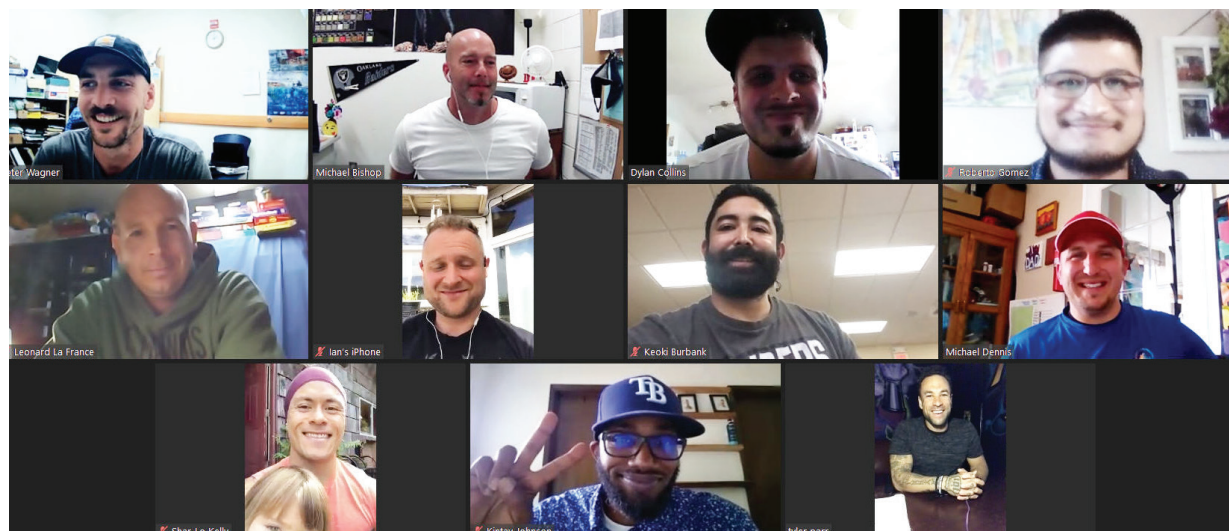
She's not wrong, Vrtiak says, noting that when she started visiting families last spring she saw a common theme. Many were feeling anxiety, depression and a lack of motivation, she says, adding that while some students were anxious to get back to school, others were really scared of returning because their parents had underlying health issues and were at increased risk from the virus.

Hansen adds that for people and children with ACEs in their lives — who were already vulnerable and learning to manage stress from various sources — the COVID-19 pandemic just adds to that burden, exacerbating what they were already experiencing.

"For COVID, the isolation is really hard for families," she says. "But if you're a child who is experiencing child abuse in your home, then it also — in most cases — means that you're isolated from the teachers that might be the buffer in your life or the one who's keeping an eye out when they think something's up, or call [Child Welfare Services] when they feel necessary."

A virtual group photo of the volunteer mentors of the Humboldt Independent Practice Association's Boys to Men group, which piloted at McKinleyville Middle School last year before expanding to multiple campuses for this school year.

Submitted



In an email to the *Journal*, CWS Deputy Director Ivy Breen says prior to the pandemic, CWS was receiving an average of 270 total child abuse and neglect referrals per month, with an average of 50 coming from school staff and teachers. Between April and August, that number dropped to 206 a month — a 24 percent reduction. (She says CWS has seen an increase in reports since the start of this school year, even though most schools have begun with distance learning.)

'Showing Up'

The array of new programs and approaches Humboldt County organizations have implemented to help children be resilient in the face of trauma and toxic stress centered around personal interaction — small group discussions, mindfulness lessons, safe spaces. But when Humboldt County Health Officer Teresa Frankovich issued a stay-at-home order last March, that all had to stop.

The systems of support designed to combat isolation — to make students feel seen and supported and cared for — broke down under the strain of the virus.

"So at the same time that this pandemic is increasing the risk of ACEs and other toxic stressors, it's decreasing the conditions that we need to act as buffering sources to prevent the onset of toxic stress," Bhushan says in the webinar.

While there's nothing that can replace the safety net that physically attending school provides thousands of local children or the specialized services that can be provided on campus, Vrtiak and the other Humboldt organizations realized their work was more important than ever, and would have to adapt.

First 5 Humboldt, which offers trauma-informed training, playgroups and parenting classes, among other things, closed most of its classes but began offering online services, like one-on-one consultations between families and early childhood mental health specialists, and virtual parenting circles, where parents can get together online with and talk.

First 5 also continued connecting families

to resources and webinars related to stress, as well as self-care strategies, while offering trainings on the "community resilience model," which teaches people how to recognize their own stress triggers and what tools they can use to manage their responses.

Humboldt Bridges to Success, a new partnership between DHHS and the Humboldt County Office of Education, focused on streamlining mental health and learning support services for local students, worked to ensure the families it helps have what they need to adjust to the realities of the pandemic. It mobilized to support online learning and support services by getting students access to computers, internet service, technology and tech support, while also connecting families with nutritional assistance and other safety net services.

"Families were really kind of in a state of shock initially," says Julie Beach, the county supervising clinician for the Bridges program. "And so we just wanted to really make sure that they were able to access education and counseling through telehealth and access the resources for Calfresh, unemployment benefits and Medi-Cal."

Vrtiak says that's also a huge part of what she was doing — making sure the families she was visiting had the right means to access resources. Mentors from the Boys to Men group helped her visit students and deliver food, as well.

During the summer, Vrtiak had to think about how the health center would continue to offer wellness support groups in ways that could follow physical distancing guidelines and avoid gatherings. Online was the only option.

The boy's group will start in mid-October online but with the same format — a mentor presenting his story and giving advice, with time for questions and a brief check-in. Even though they can't continue the kind of in-person conversation that adds an extra layer of connection, Vrtiak says the thing that matters most is the commitment of the group mentors to continue showing up and helping these kids. Even through a pandem-

ic, these mentors are continuing to be the positive people that Hansen says can make a difference in leading a child with adversities to become a happy and healthy adult.

"That's what's so cool about this group," she says. "We teach them those protective factors. We talk to them about self-care and wellness. ... But what matters most is that the male mentors are showing up and listening to and loving these kids. That's what matters most."

But asked to imagine how a similar pandemic would have impacted their childhoods and their ability to cope with other ACEs, both Gomez and Vrtiak said they needed some time to gather their thoughts and reflect. Their responses ultimately bring the stakes of intervention efforts in the time of COVID into stark relief.

Gomez says his family is primarily Spanish speaking and, without any Spanish news outlets available, doesn't watch the news. His mother is a frontline worker and he says she likely would have been exposed to COVID-19, adding yet another stressor. He says he probably would have still been hanging out with a bad group and would've tested positive for the virus.

Vrtiak, meanwhile, says her mother would have lost her job as a hairdresser, leading them to lose their home and become homeless once again. Her mom also wasn't tech savvy, so the pandemic and distance learning would have put a halt to Vrtiak's education, removing her only supportive environment.

"School was the place where I got to be a kid, where I felt safe and special," she says. "COVID would have completely transformed me as a person." ●

Iridian Casarez wrote this story while participating in the USC Annenberg Center for Health Journalism's 2020 California Fellowship.

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Comfort Food When There is No Comfort

By Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

I made too much Japanese curry last weekend. I chopped the onions, carrots, mushrooms and potatoes while talking on the phone with a friend who is struggling with whether to fly across the country to visit her ailing father. She was calculating the risk of traveling, how she'd manage quarantining before going near her parents, then all of it in reverse on the way back. She was figuring the abstract weight of guilt if he should die against the possibility of illness and more death should she contract and pass COVID-19.

I listened and kept chopping, the pile of cut vegetables doubling and re-doubling again. After we said goodbye, I looked at the mound spilling from the cutting board and knew I'd stress-chopped my way to a pot of curry better suited to a mess hall than a family.

Curry is the dish my family requests most from me. Winter or summer, ladled over bowls of white rice, it's our comfort food. Despite never having met him, my husband eats it the same way as my grandfather: with a pleased grunt and a handful of grated cheese. That in itself is usually a balm to me.

But lately, comfort may be too much to ask of a meal. Would my nerves settle if I pulled the leftover rice from the fridge and cooked it into soupy okayu? If I finally made the doughy tempura my grandparents preferred, would it tether me against the current of anxiety?

Amid an explosion of food insecurity in our county, I'm lucky to be able to feed my family, much less expect it to make me feel better. It's just that it normally does. We seek comfort in the pleasure and nostalgia of foods that recall love and nurturing, but those foods comfort the maker, too. What better way to ease worry over a sick loved one than to make soup? To feel of use, not helpless, and to lose oneself in the ritual and physical work of cooking can be a respite from the overwhelm of, well, everything. Even when I am cussing over a dumpling skin sticking to the pan, I'm only pissed about the torn wrapper

and the little ball of meat tumbling out, not the larger world. But lately that narrow focus has been harder to come by.

Since the pandemic reached the U.S., our food media and restaurant takeout menus have leaned into the heavy, homey food we seek solace in, even as the upheaval threatens their financial and literal survival. It's strange to pick up a dinner that says, "It's going to be OK" from a restaurant worker who doesn't necessarily know or believe that. But then, so much of the comfort food we know is born of poverty — cheap ingredients (at least at one time) made into filling meals by people who weren't sure there would be a next one. There's something hopeful and defiant in those meals, and in experiencing pleasure even in hard times.

Where I grew up, after a funeral there was always food and a cluster of bottles "back at the house" — stacks of sandwiches and a ham for the Irish, a lasagna, baked ziti and platters of powdery cookies from the bakery if it was Italian. You cooked and brought food to the crowded table, moved through the rooms with a little plate that gave your hands and mouth something to do if you weren't shuttling silverware or fetching ice. But now, even the ritual of shuffling around a spread of cold meats with relatives is dangerous. A dear friend's father died and I didn't bring her so much as a pan of muffins. She and her partner were already inundated and, isolated at home without a gathering, who would eat it all?

Some 200,000 Americans have died of COVID-19 related illness. We've had no national mourning as we do annually for victims of 9/11 and our grief — for strangers, those we know, people we

love — drifts over us like the wildfire smoke, changing the air, the taste of everything. Perhaps it's easier to mourn 9/11 victims and Justice Ruth Bader Ginsburg because their deaths were finite, unlike COVID-19's seemingly endless tide of obituaries. Or maybe it's harder to grieve and find catharsis when we know so many could have been saved if we'd immediately committed to lockdowns, masking and social distancing. Maybe what we really need is to atone.

Not that I am optimistic about a true atonement. After a spring and summer of Black Lives Matter protests and the whiplash between energizing moments and violence, word that the Louisville, Kentucky, police who shot Breonna Taylor would not face charges felt like a final, damning answer from our justice system. Every awful piece of news that followed seemed like piling on, embellishments on a foundational wrong, one upon which nothing good can be built. What comfort is there for this?

Once in my 20s, after a heartbreak I wish I'd recognized as the minor calamity it was, my mother hauled me, red-eyed

and limp, to a Chinese place around the corner from her apartment for crab egg drop soup. She nagged me into spoonful after spoonful until I could finally taste it, warning me that what lay ahead — fetching my things, figuring out where I was going to live, finishing school — would be hard whether I was weak or strong so I'd better eat. So I ate.

And so we cook. Like we do everything else, even if it doesn't bring us joy yet. We keep taking spoonfuls until we can taste it. The same way we protest without expecting things will change immediately or call an elected official without expecting them to pick up, or send whatever donation we can manage even when it feels like flicking a coin into the sea. We cook what our ancestors cooked. We feed ourselves and the people who can safely get in 6 feet of us because we're alive and there is still joy to be had. We make too much and drop some off for someone else if we can. And we accept what's given to us, taking comfort in it being given at all in the middle of all this. Because what is coming will be hard whether we're weak or strong.

Jennifer Fumiko Cahill (she/her) is the arts and features editor at the Journal. Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.



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NCJ TROPHY CASE

The Red Streak

Hoopa's record-breaking runner

By Rod Kausen

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Born in Eureka in 1946, Bob Talmadge moved to Willow Creek with his family at the age of 3. He moved through the local school system as a regular kid and a gifted student. Judy Skidmore, a classmate, wrote, "even as a child he had a commanding presence. He could transform from a serious thoughtful near adult to a teasing boyish rogue with a heartbeat."

An excellent wide receiver in football, it was apparent that he was exceptionally fast. Joe Beeson, the football coach and athletic director at Hoopa High School, asked his friend Buck Crosby to come over to Hoopa from the coast and coach the track team. Crosby wanted to coach Talmadge, so he took the job.

Hoopa High School, known for hard-knocking athletes, never had a great track and field facility. However, Talmadge had two assets most high school athletes in the sticks do not have. He had an inspirational coach and he was amazingly fast. In an interview, Crosby said that the first time he saw Talmadge run he was like a "colt," fast but awkward. But when he stretched out, the lanky redheaded kid was awe inspiring. When I was 8 years old, my dad took me to the HDN County Championships just to watch the "Red Streak" run.

Crosby hardly ever missed a weekend of commuting his athletes to the coast and they trained in intervals on the soft sand at Clam Beach and Lanphere Dunes. At first, Talmadge couldn't run a straight line, but Buck taught him technique and high knee movement. Crosby went on to become an expert coach at all levels after the Talmadge years but the two remained great friends, the hallmark of a successful coach-athlete relationship.

On a cool evening at Humboldt State University in 1964, his junior year in high school, Talmadge was entered to run in the county championships in the 440-yard dash against John Burman, a local standout at Eureka High School who later became



Bob Talmadge outrunning college athletes in Redding in 1965, just after graduating high school. Photo courtesy of Buck Crosby

an HSU football hero. The matchup was the talk of local sports news and highly anticipated. Burman was extremely fast.

The two ran close until Talmadge pulled away late with his huge stride. It was the first time in league history anyone had broken 50 seconds in the 440-yard dash. They both did. By the time Talmadge finished his junior year in high school, he had run the 220-yard dash in 21.9 seconds and the 440-yard dash in 48.9 seconds, a county record. Since then, the distance has changed slightly to meters, the tracks are faster and spikes are lighter, but he is still at or near the top of the league's all-time historical bests. He had also nabbed a berth in the California State Meet and beat Burman, his two goals.

Things were tough in 1964-1965, the year of the flood. Talmadge caught mononucleosis and was unable to run his senior year, but Crosby took him to an AAU meet in the early summer in Redding. His unofficial 440-yard time was so fast that it reinforced to the San Jose State University track coaches that the kid from a remote corner of Northern California was the real deal. SJSU had become known worldwide as "Speed City," as many of the best sprinters in the world were attending school and training there. Talmadge was offered a track and field scholarship.

On campus were future Olympians Tommy Smith and John Carlos, and Lee Evans, the first person to run under 44 seconds in the 440 yards, along with many more elite runners. Talmadge became good friends and training partner with Smith, who was the fastest 220 runner at the time, and Talmadge himself had run 20.5 in the 220 in a time when no one in the world had ever broken 20 seconds.

In May of 1967, the West Coast Relays at Fresno's Ratcliff Stadium approached. Legendary coach Bud Winter, known for coaching a high knees and long-stride format, could only use four runners in the celebrated 4-by-220 (aka the 880 relay). SJSU had seven of the best 220-yard runners in the world. He chose Smith to anchor along with Evans, Ken Shackelford and Talmadge.

Running the third leg, Talmadge ran his all-time best split of 20.1, passing to Smith, who ran 19.5. Together the foursome broke the world record, a record they held for five years until the Italian national team, led by the legendary Pietro Mennea, bested it.

Paul Hewitt, a javelin thrower on the team said, "Tommy and Lee gave Bob credit for the record. When you have the two best sprinters in history praising you, that is special. We always had Tommy to watch and he was not of this world. But it was Bob who stole the show. Afterward everyone was talking about Bob and his relay leg in amazement."

Talmadge was the star on a relay team when anyone else would have been in the shadows of Smith and Evans. And on that one night, Talmadge may have been the fastest runner in the world.

The year after the record relay was 1968, a year marked by Civil Rights protests and the Mexico City Olympics. Talmadge had become a liaison for the Olympic team, a point man between the great runners, their coaches and the Olympic committee. Talmadge, like so many Americans, would never be the same. After the 200-meter race, Smith and Carlos, gold and bronze medalists respectively, donned black gloves and raised their fists



Talmadge (top left, second from left) on the cover of *Track & Field News* in May of 1967.

in a Black Power salute from the winners' podium during the U.S. national anthem as a gesture to the struggle for equality back home. That night, Talmadge sent a telegram to Smith that for some reason he never received. Jan West, Talmadge's first wife, delivered its message 50 years later at a ceremony in San Jose. It had one word: "Beautiful." Upon hearing it, Smith broke down and cried, and walked away from the event.

After the Mexico City Olympics, Talmadge finished his double major in psychology and geography and went on a mission to Afghanistan. While working on a tuberculosis study there, he started the track team in Kabul.

When he returned to the U.S., he became an ordained minister of the Liberal Catholic Church studying Christianity, Buddhism, Sufism and Judaism. He worked for many Humboldt County organizations. On the streets he became known as "Father Bob" and attended rallies, spoke at gatherings and completed a weeklong fast to call attention to hunger. Later in life, he also became a chaplain for U.S. Public Health Services, responding to Hurricane Katrina, and with his wife, Claire, served as a volunteer spiritual director and retreat facilitator for the Red Cross Project Vietnam.

His daughter Maya said that he taught her to love nature, music, compassion and spirit, that he was delighted by many things and passed that on to his children. Talmadge's obituary said he was "somewhat reclusive in his private life and held a place in his heart for those without voice, the poor, the oppressed, the mentally ill, children."

By then he had become Father Bob and the story of the Red Streak — the redheaded kid from Hoopa High School who rubbed elbows with princes and paupers, and broke a world record for himself and his community — had been somewhat forgotten.

Rod Kausen (he/him) is a retired teacher and coach.

Klamath Seeing a Solid Return of Kings

By Kenny Priest

fishing@northcoastjournal.com

Since just after Labor Day weekend, the Klamath River has been king salmon central. The river's been plugged with jacks (2-year old males), along with some hefty adults. The run started a little late this year, likely due to unusually high water temperatures. Smoke-filled skies, shielding the water from the bright sun, finally began cooling the water just enough and the salmon came pouring in. For the last three weeks, the fishing has been nothing short of spectacular. This number of fish in the river is good news, especially considering how dire the numbers of adult salmon predicted to return the last few years were. Following a complete salmon fishing closure in 2017, the Klamath and Trinity rivers have been teetering between collapse and rebuilding. In 2018, CDFW predicted 59,733 would return but only 31,838 adult fall-run salmon made it back. In 2019, a return of approximately 87,000 was predicted. Those predictions never materialized, and only 37,270 fall-run kings returned. The CDFW forecasted a modest 48,274 natural area spawning salmon would return this fall. In an average year, the Klamath basin would see close to 122,000 adult kings return.

So while it's easy to speculate this year's returns will be above forecasted numbers due to increased harvest rates, it's way too early to celebrate. We won't know the size of the run until sometime early next year but it sure feels good to see the river full of fish again. And the CDFW creel surveys are providing some solid proof. For the week ending Sept. 23, 1,162 jacks were harvested and another 656 were released. During the same week, 1,319 adult kings (larger than 23 inches) were released. The lower Klamath adult salmon quota was met Sept. 14, which is why the adults have to be released. You can still keep two jacks per angler. Anglers may still fish for adult Chinook salmon in other sections of the Klamath Basin, including the main stem of the Klamath River above Weitchpec and the entire Trinity River until their quotas are met. Keep track of the Klamath and Trinity river quotas by calling (800) 564-6479.

CDFW, Commission proposing changes to Sport crabbing

The Fish and Game Commission and the Department of Fish and Wildlife are proposing regulatory changes to begin addressing entanglement risks posed by the recreational rock and Dungeness crab fishery in California for species listed under the federal Endan-



Jim Zamlich of Cupertino holds a nice king salmon caught on a recent outing on the lower Klamath River. Salmon fishing on the Klamath this fall has been better than predicted and is still going strong.

Photo courtesy of Kenny Priest

gered Species Act. Between 2014 and 2019, three humpback whale entanglements were attributed to the recreational crab fishery in California. The fishing gear responsible for entanglement could not be identified in 44 percent of all confirmed entanglements between 1982 and 2017, and the recreational crab fishery may be responsible in some of these instances.

Proposed changes:

- 1) Require all recreational crab traps be marked with a main buoy that is at least 5 inches in diameter and 11 inches in length, and that a red marker buoy that is 3 inches in diameter and 5 inches in length be attached no more than 3 feet from the main buoy.
- 2) Establish a maximum service interval of nine days, weather conditions at sea permitting, and would prohibit abandoned traps.
- 3) Establish an individual trap limit of 10 traps. The current 60-trap limit for commercial passenger fishing vessels targeting Dungeness crab will apply to those targeting any crab. The proposed regulation would allow an individual to service up to 10 additional traps if they possess written permission from the operator(s) of the additional traps.
- 4) Provide authority for the director of the CDFW to delay the fishery opener or close the season early in ocean waters of the state when the concentrations of humpback, blue whales or Pacific leatherback sea turtles exceed thresholds.
- 5) CCR would establish a program requiring those individuals who fish for crabs with recreational crab traps to purchase an annual validation for \$2.25.

For more information, visit www.nrm.dfg.ca.gov/FileHandler.ashx?DocumentID=183154&inline.

Kenny Priest (he/him) operates Fishing the North Coast, a fishing guide service operating out of Humboldt specializing in salmon and steelhead. Find it on Facebook, Instagram, YouTube and www.fishingthenorthcoast.com. For up-to-date fishing reports and North Coast river information, email kenny@fishingthenorthcoast.com.

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Calendar

Oct. 1 – 8, 2020



Sammy Gensaw in Gather

The Clarke Museum is hosting an online showing of **Gather: The Fight to Revitalize Our Native Foodways**, a documentary on Indigenous food sovereignty directed by Sanjay Rawal and featuring, among others, the Yurok Tribe. Watch the movie at home **Saturday, Oct. 3 from 4 to 8:30 p.m. online** and join an online audience discussion after with a panel that includes *Journal* contributor Cutcha Risling Baldy and Sammy Gensaw, as well as other local tribal representatives. At the same time, enjoy a catered dinner and popcorn. Order your dinner by 5 p.m., Oct. 1. (\$24, dinner, popcorn, movie; \$10 just movie; \$15 just dinner.) Pick it up at the museum between 4 and 5 p.m., watch the movie at 6 p.m. and participate in the discussion from 7:30 to 8:30 p.m. Order online at www.clarkemuseum.org/gather-moviedinner-event.html.



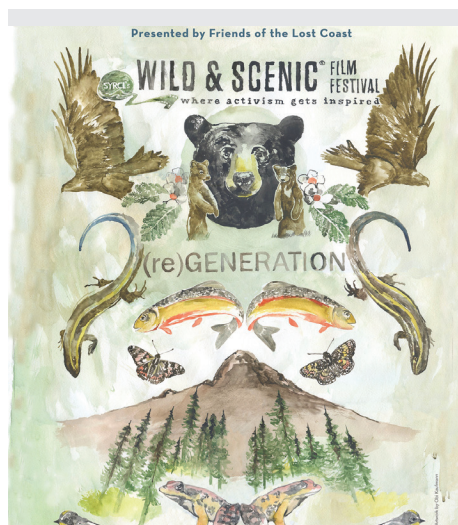
Bayside Trio chefs, submitted

Oh, adobo! Something delicious is afoot in Bayside this week. The **Bayside Community Hall** is offering a tantalizing **Taste of the Philip-pines Dinner on Tuesday, Oct. 6** to benefit the Hall's window rehabilitation project. Pick up an authentic Filipino dinner prepared by the chefs of Bayside Trio Cafe between **4:30 to 7 p.m.** Meals are \$15 each until Oct. 4, then \$18 after (while supplies last). The fundraiser also includes virtual entertainment of short videos from local guest artists and a large online auction. Find all of this (and order your dinner) at www.baysidecommunityhall.org.



Submitted

Wine by the Screen isn't your usual Saturday night. (Or maybe it is. We don't judge.) **Wine by the Screen** is the pandemic-friendly version of Wine by the Sea, Friends of the Dunes' annual fundraiser. Gather round your screen **Saturday, Oct. 3 from 3 to 5 p.m.** at www.friendsofthedunes.org/winebythescreen or the group's **Facebook event page** for a silent auction, live music from the Spindrifters, live painting from Matt Beard and more. Pre-order a Pour and Restore Care Package (by noon on Oct. 2) and have local wine, cheese, chocolate and other goodies delivered to your door for the event. All info is at www.friendsofthedunes.org.



Submitted

Take a walk on the wild side ... from your easy chair. The **Wild and Scenic Film Festival** is online this year! Catch it **Sunday, Oct. 4 from 5:30 to 7:30 p.m.** at www.lostcoast.org/wild-and-scenic-film-festival (\$15-\$20). The festival features 14 outdoor adventure and conservation films and all ticket proceeds go to support Friends of the Lost Coast's environmental educational programs. Visit www.lostcoast.org to get your ticket to the festival (raffle tickets, too). Join early and join the chat.

1 Thursday

DANCE

Dances of Brazil. 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Learn Brazilian dances with instructors Rocío Cristal and María Vanderhorst. All levels. Limited to five people. Register online. \$15. talavera.rocio@gmail.com.

MUSIC

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, Online. A Facebook group to join if you like fun group singing. Song of the day posted at 3 p.m., sing starts at 7 p.m. Free. www.facebook.com/groups/quarantinesingalong.

SPOKEN WORD

The Writers Lounge via Zoom. 7:30 p.m. Virtual World, Online. A writing workshop geared toward stand-up and comedy. Zoom Room: 857 4217 6054. Password: writers. Join Zoom Meeting www.us02web.zoom.us/j/85742176054?pwd=dWp4UGVqaUVYQ0wzckVnZkZ0VIMzZz09

ELECTIONS

Second District Supervisor Candidates Forum. Virtual World, Online. Broadcast live via Access Humboldt at www.youtube.com/user/accesshumboldt, on TV Channel 11, KZZH FM and Facebook. Contact cdphumboldt@gmail.com for simultaneous Spanish interpretation via Zoom.

FOR KIDS

Fortuna Library Recorded Readings. Virtual World, Online. Hosted by the Fortuna Branch Library on its Facebook page, www.facebook.com/HumCoLibraryFortuna.

Virtual Junior Rangers. 11:30 a.m. Virtual World, Online. North Coast Redwoods District of California State Parks offers kids' programs and activities about coast redwoods, marine protected areas and more, plus Junior Ranger Badges. Register online and watch live. www.bit.ly/NCRDVirtualJuniorRanger.

Youth Activist Solidarity Semester. 3 p.m. Virtual World, Online. Via Zoom. Tuesdays focus on solidarity principles, example campaigns and calls to action. Thursdays feature movement leaders on Instagram Live at @buildingmovementproject. Register online. www.us02web.zoom.us/webinar/register/WN_VrLRfyIGS-BCe7ywZdgwNZ.

FOOD

Eureka Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh and local fruits, vegetables, plant starts, flowers and more. Visit the NCGA website for safety updates and protocols. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

McKinleyville Farmers Market. 3-6 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. In the parking lot of the McKinleyville Eureka Natural Foods. Locally grown fruits, vegetables, plant starts, succulents, flowers and more. Visit the NCGA website for safety updates and protocols. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

Rotary Club of Southwest Eureka Drive-by Fish Dinner. 5-7 p.m. The Lodge, 445 Herrick Ave., Eureka. Southwest Eureka Rotary's annual fundriaser goes mobile with steelhead, petrale sole, rock fish and calamari. Follow signs at the Lodge and get your dinners. Pay by credit/debit card online and at pickup site, no cash. \$20 advance by Sept. 24, \$25 after. www.swrotary.org. 572-4101.

MEETINGS

Humboldt County Human Rights Commission. 5 p.m. Virtual World, Online. Meeting includes a presentation from Human Trafficking Funds recipients Arcata Playhouse and an update on the Cannabis Inquiry Survey. Join Zoom meeting: <https://us02web.zoom.us/j/87555158106?pwd=VDlvS0tnS3h1S3RuQ25wRldhNjRrQT09>. Meeting ID: 875 5515 8106. Password: 291550. Dial in (669) 900-6833. Live at www.facebook.com/HumCoHRC.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. California State Parks' North Coast Redwoods District is broadcasting programs featuring tall trees and rugged seas from state parks via Facebook. Free. www.facebook.com/NorthCoastRedwoods.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. This class offers pronunciation, speaking, reading, writing, vocabulary, verb conjugations and common expressions. All levels welcome. Join anytime. On YouTube at English Express Humboldt. Free.

Restorative Movement. 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, Online. SoHum Health presents classes focused on strength and mobility (Tuesday), and on relaxation and breath work (Thursday). Contact instructor Ann Constantino for online orientation. Free. annconstantino@gmail.com. www.sohumhealth.org. 923-3921.

2 Friday

ART

Altar Ego at Witchy Vibes: A Virtual Art Exhibition. 7 p.m. Virtual World, Online. View the artwork virtually. www.schamballah.com/events/witchy-vibes-a-virtual-art-exhibition.

LECTURE

Ask the Curator. 2-3 p.m. Virtual World, Online. Clarke Museum Curator Katie Buesch and guest hosts showcase weekly topics with a trivia contest the last Friday of every month. Past segments at www.clarkemuseum.org. Free. Dana.f@clarkemuseum.org. www.facebook.com/ClarkeHistoricalMuseum/. 443-1947.

MUSIC

King Maxwell Quarantine Funk #9. 9-11 p.m. Virtual World, Online. King Maxwell spins funk, soul, electro, disco, roller skating jams and boogie, and adds vocoder flavor. Free. arcatasoulpartycrew@gmail.com. www.youtube.com/watch?v=pssTRY5HLAk.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, Online. See Oct. 1 listing.

Shelter n Play. 6 p.m. Virtual World, Online. Public group on Facebook made up of locals. Open mic for all skill levels, all styles, all humans welcome to watch or perform. Sign-ups Wednesdays at noon. www.facebook.com/groups/224856781967115.

ELECTIONS

Live Broadcast of Logic and Accuracy Testing. 8 a.m. Virtual World, Online. Due to the COVID-19 pandemic, the Office of Elections, with the help of Access Humboldt, will broadcast live the logic and accuracy testing on Suddenlink channel 11. Also on YouTube at youtube.com/c/accesshumboldt/live.

McKinleyville and Humboldt Community Services Dis-

tricts Candidate Forum. 6 p.m. Virtual World, Online. Broadcast live via Access Humboldt at www.youtube.com/user/accesshumboldt, on TV Channel 11, KZZH FM and Facebook. Contact cdphumboldt@gmail.com for a Zoom link for simultaneous Spanish interpretation.

EVENTS

The Curiosity Hour: Weekly Double Dose of Weird with Veve Decay. 8 p.m. Virtual World, Online. An evening of strange tales, live chats and parlor games hosted by Altar Ego: Curious Art & Fashion Design. www.facebook.com/events/939880849742122.

FOR KIDS

School-age Storytime. 11 a.m. Virtual World, Online. Hosted by the Arcata Branch Library via Zoom. To sign up, email sparsons@co.humboldt.ca.us or call 822-5954.

FOOD

First Friday Food. 4:30-6:30 p.m. Eureka Woman's Club, 1531 J St. A cheesy polenta and chicken marinara with salad and homemade brownie, made by Eureka Woman's Club members. Make a reservation and pay online by Sept. 25. \$20 per meal. www.eurekawomansclub.org.

Garberville Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh, locally grown fruits, vegetables, plants starts, flowers and more. Visit the NCGA website for safety updates and protocols. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. See Oct. 1 listing.

ETC

A Call to Yarns. Noon-1 p.m. Virtual World, Online. A weekly Zoom meetup for knitters and crocheters. Sign up using the Google form for an email invitation. Free. sparsons@co.humboldt.ca.us. www.forms.gle/CkdbZSbjckZQej89. 822-5954.

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Oct. 1 listing.

Tabata. 5:30-6:30 p.m. Virtual World, Online. SoHum Health presents online classes with short, high intensity cardio workouts. Contact instructor Stephanie Finch by email for a link to the class. Free. sfinch40@gmail.com. www.sohumhealth.com.

3 Saturday

ART

All Lit Up! // Midnight Choir. Virtual World, Online. Online exhibition featuring paintings by Gina Tuzzi and images and poetry by C+C artist Deanna Dutra. www.canvasandclaystudio.org/exhibitions.

BOOKS

Reading in Place - An Online Reading Group. 1 p.m. Virtual World, Online. Sign up online for a Zoom meeting invite and the week's reading for discussion. www.forms.gle/zKymPvcDFDG7BJEP9.

LECTURE

Humboldt County Historical Society Program. 2:30 p.m. Virtual World, Online. *The Sequoia Park Zoo: An Evolving Legacy* presented by Gretchen Ziegler and Leigh Pierre-Oetker via Zoom. Sign up online by 5 p.m. Oct. 2. Free. www.humlib.org.

MOVIES

The Age of Nature Screening. 2-3:30 p.m. Virtual World, Online. KEET-TV and The Eel River Recovery Project

present an online preview and discussion of the new PBS series exploring humanity's relationship with nature and wildlife, and ways to restore our planet. Sign up online. kwhiteside@keet-tv.org. www.keet.org/. 445-0813.

The Clarke Presents Dinner and a Movie. 4-8:30 p.m. Virtual World, Online. A showing of *Gather: The Fight to Revitalize Our Native Foodways*, a documentary on indigenous food sovereignty featuring the Yurok Tribe and others. A panel and dinner catered by Brett Shuler's Fine Catering follow. \$25. Dana.F@clarkmuseum.org. www.clarkmuseum.org/gather-moviedinner-event.html. 443-1947.

MUSIC

EmRART with James Zeller. 2-4 p.m. Virtual World, Online. Cross-platform entertainment from remote locations. James Zeller plays jazz from Arcata, and Emily Reinhart lays charcoal on birch wood in Eureka. Watch via Facebook (www.facebook.com/EmRART) or by YouTube. Free. emily@emilyreinhart.com. www.youtube.com/channel/UC1cGc_RERDvHWjNBsbhIQ.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, Online. See Oct. 1 listing.

EVENTS

Club Triangle Streaming Saturdays. Virtual World, Online. Weekly online queer variety show. Submissions accepted daily. Post your art on social media and tag @clubtriangle. #coronoshebettadont. Free. www.facebook.com/clubtriangle.

Wine by the Screen. 3-5 p.m. Virtual World, Online. Tune into the Friends of the Dunes' website or Facebook event page for live music from the Spindrifters, live painting by Matt Beard, online auction and more. Free. info@friendsofthedunes.org. www.friendsofthedunes.org/winebythescreen. 444-1397.

FOR KIDS

Preschool Storytime. 11 a.m. Virtual World, Online. Hosted by the Arcata Branch Library via Zoom. To sign up, email sparsons@co.humboldt.ca.us or call 822-5954.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Local fruits, vegetable, plant starts, flowers and more. Visit the NCGA website for safety updates and protocols. Free. info@northcoast-growersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

OUTDOORS

Hike and Bike Day: Newton B Drury Scenic Parkway. First Saturday of every month. Prairie Creek Redwoods State Park Visitors Center, Newton B. Drury Scenic Parkway, Orick. Walk, hike, ride or skate along 10 miles of forest road the first Saturday of each month through May, when the parkway closes to motorized vehicles.

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. See Oct. 1 listing.

SPORTS

Virtual Run in the Redwoods 5k Fun Run/Walk. Virtual World, Online. Register online then run, walk, treadmill or paddle a 5k wherever you live anytime from Oct. 3-10. Check www.facebook.com/Redwoodparks or email for updates. Register online. \$40-\$50, includes shirt. www.redwoodparksconservancy.org.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Oct. 1 listing.

Continued on next page »

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WRITERS WANTED

No Experience Necessary

The North Coast Journal is looking for smart, talented writers and reporters to add to the ranks of freelancers who contribute news and features to the weekly paper and its website. No experience necessary. Journal editors will be hosting an introductory virtual meeting to give an overview of the process and answer questions.

What: Writers Roundup

When: Oct. 8, 2020 at 7 PM

Where: Virtual

Sign Up: E-Mail RSVP

Editor@northcoastjournal.com

E-mail with "Writers Roundup" in the subject line and your full name and contact information in the body of the e-mail to receive a link to the meeting.





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4 Sunday

COMEDY

Sunday Service Virtual Resurrection. 5 p.m. Virtual World, Online. Virtual stage-time with Pastor Paula and aspiring comics. Audience members welcome. Hosted by *Savage Henry Independent Times*. www.facebook.com/events/1638900342951102.

MUSIC

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, Online. See Oct. 1 listing.

EVENTS

Wild and Scenic Film Festival Online. 5:30-7:30 p.m. Virtual World, Online. Friends of the Lost Coast Presents 14 environmentally themed films. Benefits environmental educational programs. \$15-\$20. info@lostcoast.org. www.lostcoast.org/wild-and-scenic-film-festival/. 845-9528.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

MEETINGS

Readings in the Redwoods. Noon-2 p.m. Carlotta, Humboldt County. Readings of Paul Selig's *I am the Word*. Email or text for directions to the outdoor firepit at the Redwood River Lodge in Carlotta and observe social distancing. Free. btngineer2011@gmail.com. www.paulselig.com. 298-3466.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. See Oct. 1 listing.

SPORTS

Virtual Run in the Redwoods 5k Fun Run/Walk. Virtual World, Online. See Oct. 3 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Oct. 1 listing.

5 Monday

COMEDY

Savage Henry Magazine Comedy Festival #9. 5 p.m. Virtual World, Online. More than 100 comedians from around the country will be performing and 90 percent of the festival will be online. More info at www.facebook.com/events/2666162737046821. Donations accepted at GoFundMe.com/save-savage-henry or Venmo (@Savage-Henry).

LECTURE

Exploring the Feasibility of Offshore Wind Energy for the California North Coast. 2 p.m. Virtual World, Online. Five-part lecture series presenting key findings from feasibility studies conducted by the Schatz Center and its research partners. Through Oct. 12. Register online. Free. www.schatzcenter.org/wind.

Stakeholder Perceptions of Offshore Wind Energy in Humboldt County. 7-8:30 p.m. Virtual World, Online. Ciara Emery reports her findings via Zoom. Register at 350 Humboldt's Facebook page or at www.actionnetwork.org. Free. 350humboldt@gmail.com. actionnetwork.org/events/stakeholder-perceptions-of-offshore-wind-energy-in-humboldt-county/?fbclid=IwAR1moqS3n46vp_cVTTA06EViZU3AMnyutoTeGlgTGj2HmKdoMGv-ClMmlODQ.672-5039.

The Whiteness Within. 3-5 p.m. Virtual World, Online.

This online (Zoom) workshop will use story sharing, reflection and physical expression to help participants recognize and shift away from racism. Register via the Google form. Pay-what-you-can, suggested contribution of \$50, free to BIPOC attendees. docs.google.com/forms/d/e/1FAIpQLSfetzY15uxJ3u23uiaabt43pT-gNoZq9-xuYzgEUNtYXX5m58g/viewform.

MUSIC

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, Online. See Oct. 1 listing.

ELECTIONS

Fortuna City Council Candidate Forum. Noon-1:30 p.m. Virtual World, Online. Hosted by The Fortuna Chamber of Commerce. Moderated by Melissa Sanderson, general manager of the *North Coast Journal*. Candidates include incumbents Councilmember Dean Glaser and Mayor Pro Tem Tami Trent, and candidate Mike Losey. Live on Zoom and streamed on Facebook. Register online. Free. www.fortunachamber.com/councilforum.

FOOD

Miranda Farmers Market. 2-6 p.m. Miranda Market, 6685 Avenue of the Giants. Farmers and vendors bring fresh food weekly. Visit the NCGA website for safety updates and protocols. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. See Oct. 1 listing.

SPORTS

Virtual Run in the Redwoods 5k Fun Run/Walk. Virtual World, Online. See Oct. 3 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Oct. 1 listing.

Tabata. 5:30-6:30 p.m. Virtual World, Online. See Oct. 2 listing.

6 Tuesday

COMEDY

Savage Henry Magazine Comedy Festival #9. 5 p.m. Virtual World, Online. See Oct. 5 listing.

Savage Henry's BigFish Open Mic via Zoom. 9 p.m. Virtual World, Online. Enjoy or participate in some stand-up open-mic Zoom style. Five-minute sets. Zoom: us02web.zoom.us/j/86421967992 Password: comedy.

LECTURE

The Whiteness Within. 3-5 p.m. Virtual World, Online. See Oct. 5 listing.

MUSIC

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, Online. See Oct. 1 listing.

ELECTIONS

Fortuna City Council Candidate Forum. Virtual World, Online. Broadcast live via Access Humboldt at www.youtube.com/user/accesshumboldt, on TV Channel 11, KZZH FM and Facebook. Contact cdphumboldt@gmail.com for a Zoom link to simultaneous Spanish interpretation.

FOR KIDS

Tuesday Storytime with Ms. Tamara. Virtual World, Online. Posted every Tuesday on Arcata Library's Facebook page, www.facebook.com/HumCoLibraryArcata.

Youth Activist Solidarity Semester. 3 p.m. Virtual World, Online. See Oct. 1 listing.

FOOD

Eureka Old Town Farmers Market. 10 a.m.-1 p.m. Old

Town, F Street between First and Third streets, Eureka. Fresh produce, plant starts, flowers and more. Visit the NCGA website for safety updates and protocols. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

Fortuna Farmers Market. 3-6 p.m. 10th and Main streets, 10th and Main streets, Fortuna. Local farmers bring fresh fruits, vegetables, plants starts, flowers and more. Visit the NCGA website for safety updates and protocols. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Mario's Marina Bar, 533 Machi Road, Shelter Cove. Farmers and vendors bring a variety of fruits, vegetables, plant starts, flowers and more. Visit the NCGA website for safety updates and protocols. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

Taste of the Philippines Dinner. 4:30-7 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Chefs of Bayside Trio Cafe provide Filipino chicken adobo or veggie-tofu pancit with lumpia, salad and purple yam cake to-go. Order online. \$15/meal until Oct. 4, \$18 after. baysidecommunityhall@gmail.com. www.baysidecommunityhall.org. 599-3192.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. See Oct. 1 listing.

SPORTS

Virtual Run in the Redwoods 5k Fun Run/Walk. Virtual World, Online. See Oct. 3 listing.

ETC

English Express: An English Language Class for Adults.

Ongoing. Virtual World, Online. See Oct. 1 listing.

Flu Shot Event. 10 a.m.-noon. Humboldt Senior Resource Center, 321 Martin Luther King Jr. Parkway, Arcata. CVS pharmacists and staff administer vaccines in the parking lot on the southeast side of the building, weather permitting. For car-side, park in spots facing the playground. Face coverings and distancing required. Bring identification and insurance card. Flu vaccines are no-cost under most insurance plans. Three years and up. Reservations not required. 443-9747, extension 1228.

Restorative Movement. 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, Online. See Oct. 1 listing.

7 Wednesday

COMEDY

Drive-In Comedy w/Eric Fitzgerald. 9 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Pull in behind the club, tune into 107.9 FM. No public restroom. Mask required outside vehicle. Venmo donations @ Savage-Henry. www.savagehenrymagazine.com.

Savage Henry Magazine Comedy Festival #9. 5 p.m. Virtual World, Online. See Oct. 5 listing.

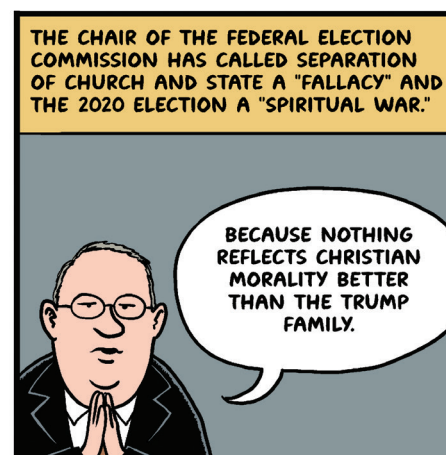
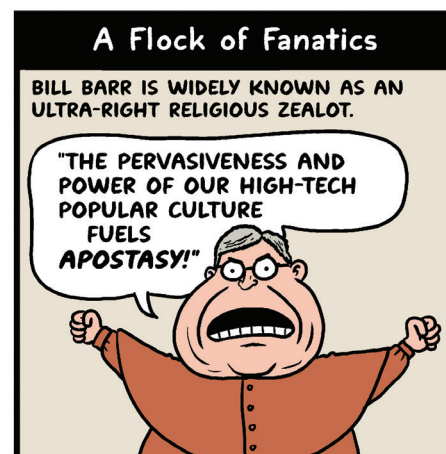
LECTURE

Meet the Expert. 5 p.m. Virtual World, Online. Humboldt-Del Norte Film Commissioner Cassandra Hesseltine interviews film industry professionals and discusses local filming. New videos posted to the commission's YouTube channel and social media. www.youtube.com/channel/UCsbPoRux8OJlzuLCUNlBxiw.

MUSIC

Oryan Peterson-Jones On The J St Regulars Radio Hour. 7-8 p.m. Virtual World, Online. Oryan

NCJ CARTOON



Peterson-Jones performs a set of material for solo classical guitar in the American Primitive tradition. bpbsartsandmedia@gmail.com. www.facebook.com/thesanctuaryarcata.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, Online. See Oct. 1 listing.

EVENTS

The Curiosity Hour: Weekly Double Dose of Weird with Veve Decay. 8 p.m. Virtual World, Online. See Oct. 2 listing.

FOR KIDS

Preschool Storytime. 11 a.m. Virtual World, Online. See Oct. 3 listing.

OUTDOORS

Coastal Naturalist Training. 6-8 p.m. Virtual World, Online. Six-week course on local coastal ecosystems and stewardship with weekday Zoom lectures and distanced weekend field trips led by geologists, botanists, zoologists and long-time hobby naturalists. Register online. \$50-\$100 sliding scale with scholarships available. www.friendsofthedunes.org/programs.

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. See Oct. 1 listing.

SPORTS

Virtual Run in the Redwoods 5k Fun Run/Walk. Virtual World, Online. See Oct. 3 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Oct. 1 listing.

Reel Genius Virtual Trivia. 6:30-8:30 p.m. Virtual World, Online. Create a team via Facetime, Skype, Messenger, Hangouts etc., order some food and brews from the Madrone and play while dining outdoors, or enjoying takeout at home. Invite link will be posted prior to the event. www.facebook.com/events/657139721581557.

Tabata. 5:30-6:30 p.m. Virtual World, Online. See Oct. 2 listing.

Towards Citizenship. Virtual World, Online. Prepare to be a U.S. citizen. Local online classes to prepare for the citizenship exam/interview. Join anytime. Free. englishexpressempowered.com. 362-3968.

Weekly Check-in with Rep. Huffman. noon. Virtual World, Online. Rep. Jared Huffman (D-San Rafael) will hold Facebook Live check-ins to engage with his constituents on the latest updates regarding the novel coronavirus pandemic and to answer questions about the federal response. More information at www.huffman.house.gov/coronavirus. Free. www.facebook.com/rephuffman.

8 Thursday

COMEDY

Savage Henry Magazine Comedy Festival #9. 5 p.m. Virtual World, Online. See Oct. 5 listing.

DANCE

Dances of Brazil. 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. See Oct. 1 listing.

MUSIC

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, Online. See Oct. 1 listing.

SPOKEN WORD

The Writers Lounge via Zoom. 7:30 p.m. Virtual World, Online. See Oct. 1 listing.

FOR KIDS

Fortuna Library Recorded Readings. Virtual World, Online. See Oct. 1 listing.

Virtual Junior Rangers. 11:30 a.m. Virtual World, Online. See Oct. 1 listing.

Youth Activist Solidarity Semester. 3 p.m. Virtual World, Online. See Oct. 1 listing.

FOOD

Eureka Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Oct. 1 listing.

McKinleyville Farmers Market. 3-6 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. See Oct. 1 listing.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. See Oct. 1 listing.

SPORTS

Virtual Run in the Redwoods 5k Fun Run/Walk. Virtual World, Online. See Oct. 3 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Oct. 1 listing.

Heads Up This Week.

Restorative Movement. 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, Online. See Oct. 1 listing.

Writers Roundup. 7 p.m. Virtual World, Online. The *North Coast Journal* is looking for smart, talented writers and reporters, no experience necessary. *Journal* editors host an introductory virtual meeting to give an overview of the process and answer questions. RSVP by email with with “writer roundup” in the subject line and your full name and contact information in the body of the email for a link to the meeting. editor@northcoastjournal.com.

Call for artists: The Ink People Center for the Arts, Del Norte Association for Cultural Awareness and the Trinity County Arts Council present Funds for Artists’ Resilience, providing artist selection and project management services for a novel project that will fund the creation of public artworks (poetry, music, performance, painting, audiovisual production and more) in Humboldt, Del Norte, and Trinity counties on themes of equity and resilience. Deadline is 11:59 pm PST on Oct. 16. Register at www.inkpeople.org/FAR. Call 442-8413 for info.

Kinetic Universe’s annual Kinetic Kouture trash fashion show and competition is accepting three to 10 photos of each design between Oct. 1-31 with a completed questionnaire. Visit www.kineticgrandchampionship.com/kinetic-kouture.

The Superior Court of California, County of Humboldt is seeking additional applicants for the 2020/2021 Humboldt County Civil Grand Jury. Visit www.humboldt.courts.ca.gov or call 269-1245. Interested parties may also complete, download and email an application to: GrandJuryApps@humboldtcourt.ca.gov.

The Arcata Police Department is looking for Volunteer Patrol members. Contact Administrative Sgt. Brian Hoffman at 822-2428.

Humboldt Senior Resource Center offers low-cost firewood vouchers to households with low to moderate income seniors 55 or older. Call 443-9747, ext. 3232.

The city of Arcata seeks applicants for the Historic Landmarks Committee. Submit applications at the City Manager’s Office at Arcata City Hall. Visit www.cityofarcata.org or call 822-5953.

GOHumCo seeks people to serve on the Comprehensive Economic Development Strategy group and the Prosperity Network. Visit www.humboldt.gov/CivicAlerts.aspx?AID=3081. ●

NCJ SCREENS



I’m fine.
Ava

The Bad Old Days

Ava and Antebellum

By John J. Bennett

screens@northcoastjournal.com

AVA. There is certain cold, maybe sick comfort in watching a new, distinctly middle-of-the-road American action movie with an incidental plot and almost interchangeable heroes and villains. It helps to have a couple of knock-down, drag-out fight scenes and at least one sympathetic character in some sort of existential crisis. Throw in some actors I like and I’ve got 90 minutes to return to objectively better times and almost forget the state of things. The fact that I’m in my living room, while a reminder of the reality of the moment, is also soothing, like those Thundershirts nervous dogs wear.

In its defense, *Ava* does indeed offer at least a modicum of enjoyment: a throw-back to the heyday of action movies, of lowered expectations, of slipping into a warm bath of middling cinematic violence and shutting out the world. Beyond that, though, it’s a mess — surprising it made it to the screen at all. It boasts some pedigree with Jessica Chastain, Colin Farrell and John Malkovich in lead roles, and Geena Davis and Common supporting. And director Tate Taylor, who has an uncanny ability to render interesting or prickly subjects almost completely antiseptic, nevertheless has made a lot of money for a lot of people over the years, even helping drum up Academy Award nominations. That’s fairly heavy backing for a story that we’ve seen most, if not all of repeated countless times.

Ava (Chastain) is a top-tier assassin in the service of a shadowy, deep-pocketed organization. Is it a private company or a government agency? Never revealed, in what I imagine is supposed to be a stroke of subtle messaging but feels more like untidy plotting. Anyway, she wears wigs and kills prominent international players in business, military and governmental affairs. We learn, in one of many expository speeches that comprise the script, that she has in fact been paid to kill 41 people. We also learn, in the montage over which the opening credits play, that Ava left a troubled, alcoholic life in Boston to join the Army, where she found both a calling and her teacher/handler Duke (Malkovich). We’ll learn later that she also left a fiancé, who has since become engaged to her sister. At this presumably late stage of her career, Ava has developed pangs of conscience and has taken to asking her “subjects” (read: victims) what they have done to deserve her ministrations. Seems rather innocent, if unlikely, but it’s enough to get her on an intra-agency kill list. All during a fateful trip back to hometown Boston to reconcile with her sister (who also seems to have booze issues), former fiancé (gambling addict) and hospitalized mother (passive aggressive control freak, also a drinker) in the wake of her father’s sudden death. In case you missed it, the

Continued on next page »

screenplay would like to remind us lives are complicated.

Chastain has always struck me as cool and mannered, knowing just how much to hold back in a performance. Not so much here but I can't really parse whether she is ill-suited to the role or the role is ill-constructed, or the direction misguided. I suspect it's a little (or a lot) of each. There are a few mildly exciting action sequences but the scale seems off. Even Farrell, slashing away with knives, drawing a guy in a lake and using his own accent, doesn't come off nearly as maniacal as the movie seems to attempt to make him. There's too much and not enough, the plot loaded with unnecessary details and light on propulsive elements, so that the whole thing feels stiff-legged and unnatural, its curses sounding foreign in its mouth. R. 96M. STREAMING.

ANTEBELLUM. The creators of this, Gerard Bush and Christopher Renz — they wrote, directed and produced — come from the world of advertising and have cited Stanley Kubrick as their primary cinematic influence. Both attributes become evident within the first frames of *Antebellum*. It opens with a painstakingly composed Steadicam shot through a cotton plantation, past columns of Confederate soldiers to an officer on horseback chasing down a woman, presumably a runaway slave. It's all very filmic and intentional and set against a conventional, full-throated orchestral score. It's effective but it also feels very much like part of an elevator pitch.

As a first effort, *Antebellum* is undeniably impressive. It is provocative and engaging and sometimes almost exhilarating. But the makers of the thing haven't learned to kill their darlings, or that less is more in longer-form storytelling. There's so much going on that it undermines both the plot (which is clever and original) and the impact of the movie as a whole.

Note: I'm omitting a plot summary because there isn't really a way to describe it without destroying the effect. Janelle Monae stars, with Gabourey Sidibe doing great comedic work in a perhaps misconceived supporting role.

To be fair, I like what Bush and Renz — Renz+Bush, professionally — are working toward. They want to use popular cinema as a platform both for genre storytelling and social justice, for which I can't support them enough. And for the wider audience, the influences might not show through as clearly as they do to this particular arm-chair cynic. R. 105M. STREAMING.

John J. Bennett (he/him) is a movie nerd who loves a good car chase.

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The lifeless skate lay on the shore with its tail still in the water. Above, the Milky Way, with Jupiter and Saturn, marked its passage in a night-long vigil.

By David Wilson

Beauty at Moonstone Beach

By David Wilson

ncnightlights@northcoastjournal.com

An odd thing happened while out sifting through the coastal night light for a compelling image. The waxing crescent moon had already set and the night was dark. My brother Seth and I walked without lights through the night along the beach, each step something of a leap of faith as only faint differences in the darkness revealed the sandy contours before us.

Presently a lighter object emerged from the shadows on the ground ahead, its dim form sliding slowly toward us as we walked. It was probably trash, I thought, remnants of a sunny day's activities thoughtlessly left behind. I nearly kicked at it to ascertain its composition, but was spared that folly as my brother flicked his light on to reveal the lifeless form of some kind of skate.

White and pasty, it lay on the sand with its tail still in the waters of Little River, apparently left high and dry by the receding tide. Its smell told us it wasn't freshly deceased. Hideous was a word that came to mind but these bat-like sea creatures had always fascinated me. Could I get a photo of this, I wondered? But the smell

rose again and we moved on.

But later, after shooting the scene I'd come to photograph, I changed my mind. I should commemorate it, I thought, honor its life. It was the day we'd lost U.S. Supreme Court Justice Ruth Bader Ginsberg and here was this lifeless form washed up on the beach. I felt I should stop; perhaps there was a way to find beauty in the end of its life and pay the old critter its due respects.

What is in a moment's perception? What at first I had thought was litter, upon closer examination became the smelly lifeless body of a dead sea creature. And after reflection, it transformed again to something I wanted to honor and memorialize, though I didn't yet see in my mind's eye how to make an interesting photograph of it. So we stopped on our way past it again to try. And something beautiful rose out of an object I had thought was only trash.

To keep abreast of David Wilson's (he/him) latest photography or purchase a print, visit www.mindscapefx.com or follow him on Instagram at @david_wilson_mfx.

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NOTICE OF PETITION TO ADMINISTER ESTATE OF JACK LEE JOHNSON, aka JACKY LEE JOHNSON CASE NO. PR200026

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of JACK LEE JOHNSON, aka JACKY LEE JOHNSON, aka JACK L. JOHNSON A PETITION FOR PROBATE has been filed by Petitioner DAVID WAYNE JOHNSON

In the Superior Court of California, County of Humboldt. The petition for probate requests that DAVID WAYNE JOHNSON be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on October 15, 2020 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Room: 6. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for

Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Robert D. Prior 710 I Street Post Office Box 23 Eureka, CA 95502 707-443-4573 Filed: September 23, 2020 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

10/1, 10/8, 10/15 (20-248)

NOTICE OF PETITION TO ADMINISTER ESTATE OF LAWRENCE ALBERT ZUBER CASE NO. PR2000224

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of LAWRENCE ALBERT ZUBER, LAWRENCE ZUBER, LARRY A. ZUBER, LARRY ZUBER A PETITION FOR PROBATE has been filed by Petitioner CHERYL J. ZUBER In the Superior Court of California, County of Humboldt. The petition for probate requests that CHERYL J. ZUBER be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on October 22, 2020 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6, Room: 6.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Daniel E. Cooper Morrison, Morrison, & Cooper 611 I Street, Suite A Eureka, CA 95501 707-443-8011 Filed: September 22, 2020 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

10/1, 10/8, 10/15 (20-246)

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARIS V. HAWKINS, a/k/a MARIS VEE HAWKINS CASE NO. PR2000208

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of MARIS V. HAWKINS, a/k/a MARIS VEE HAWKINS A PETITION FOR PROBATE has been filed by Petitioner EDWIN L. OLSON

In the Superior Court of California, County of Humboldt. The petition for probate requests that EDWIN L. OLSON be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on October 8, 2020 at 2:00 p.m. at the Superior Court of California, County of Humboldt, Dept.: 6.

Effective Monday, May 18, 2020, Humboldt Superior Court resumed Probate calendars using remote video and phone conferencing. Due to the COVID-19 pandemic, if you wish to appear at the court hearing, you must do so remotely. Instructions to appear remotely are set forth on the Court's website: www.humboldt.courts.ca.gov.

You should not physically go to the

Courthouse. The courtrooms remain closed until further notice. If you wish to file a written response to the Petition, which is the subject of this hearing, we have been advised by the Clerk that documents can be filed using the drop box at the Clerk's office located at the Courthouse at 421 I Street. If you file a written response, you must also mail copies of your response to: James D. Poovey, Inc., 937 Sixth Street, Eureka, CA 95501.

As the representative of the person who filed the Petition, which is the subject of this hearing, we are available to discuss the Petition with you and any questions that you may have concerning it. We are available by telephone at (707) 443-6744 and by mail at 937 Sixth Street, Eureka, CA 95501.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: James D. Poovey, Inc. 937 6th Street Eureka, CA 95501 (707) 443-6744 Filed: September 3, 2020 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

9/17, 9/24, 10/1 (20-229)

**APN: 316-175-011
NOTICE OF TRUSTEE'S SALE
YOU ARE IN DEFAULT UNDER
A DEED OF TRUST DATED
NOVEMBER 10, 2015. UNLESS
YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT
MAY BE SOLD AT PUBLIC SALE.
IF YOU NEED AN EXPLANATION
OF THE NATURE OF THE
PROCEEDING AGAINST YOU,**

YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein.

TRUSTOR: Dana Hudson, a married man, dealing with his separate property

DULY APPOINTED TRUSTEE: Harland Law Firm LLP

DEED OF TRUST RECORDED: November 10, 2015

INSTRUMENT NUMBER: 2015-023136 -5 of the Official Records of the Recorder of Humboldt County, California

DATE OF SALE: October 27, 2020 at 11:00 A.M.

PLACE OF SALE: Front entrance to the County Courthouse, 825 Fifth Street, Eureka, CA 95501

THE COMMON DESIGNATION OF THE PROPERTY IS PURPORTED TO BE: 22310 State Highway 299, Willow Creek, California, 95573. Directions to the property may be obtained by pursuant to a written request submitted to Harland Law Firm LLP, 212 G Street, Suite 201, Eureka, CA 95501, within 10 days from the first publication of this notice.

See Exhibit "A" attached hereto and made a part hereof for the Legal Description.

Amount of unpaid balance and other charges as of September 11, 2020: \$215,021.91.

Beneficiary may elect to open bidding at a lesser amount.

The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: IF

you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to fee and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at (707) 444-9281. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information. The best way to verify postponement information is to attend the scheduled sale.

DATED: This 11th day of September, 2020 in the city of Eureka, and the county of Humboldt, California.

Harland Law Firm LLP

John S. Lopez, Attorney, and Trustee for Beneficiary
Linda S. Citron, Sole Remaining Trustee of the June Kropp Giffin Trust FBO Zachary Ambrose Giffin dated July 24, 1998

9/24, 10/1, 10/8 (20-236)

**T.S. No. 20-20131 Loan No. Sustainable/Garcia Order No. 05941939 APN: 316-082-007
NOTICE OF TRUSTEE'S SALE
YOU ARE IN DEFAULT UNDER
A DEED OF TRUST DATED 3/14/
2017. UNLESS YOU TAKE
ACTION TO PROTECT YOUR
PROPERTY, IT MAY BE SOLD
AT A PUBLIC SALE. IF YOU
NEED AN EXPLANATION OF
THE NATURE OF THE
PROCEEDING AGAINST YOU,**

YOU SHOULD CONTACT A LAWYER.

On :10/22/2020 at 10:30 AM (or as postponed from time to time), Best Alliance Foreclosure and Lien Services Corp. as the duly appointed trustee under and pursuant to deed of trust recorded 3/29/2017, as Instrument No. 2017-005582, of Official Records in the office of the Recorder of Humboldt County, California, executed by Irma Marivel Ortiz Garcia as Trustor, Sustainable Mountain Center, LLC, Beneficiary, WILL SELL AT PUBLIC AUCTION SALE TO THE HIGHEST BIDDER FOR CASH, (payable at the time of sale in lawful money of the United States, by cash, a cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state) At: the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501, all right, title, and interest conveyed to and now held by it under said deed of trust in the property situated in said county, California describing the land therein: PLEASE SEE EXHIBIT "A" ATTACHED HERETO AND INCORPORATED HEREIN

The property heretofore described is being sold "as is". The street address and other common designation, in any, of the real property described above is purported to be: Vacant Land The undersigned Trustee disclaims any liability for any incorrectness of the street address and/or other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding the physical condition of the property, title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust and personal property, if any,, with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the trustee and of the trusts created by said deed of trust, to wit: amount of unpaid balance and other charges: \$312,366.03 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse.

Title No.: 05941939
T.S. No.: 20-20131
Loan No.: Sustainable/Garcia
AP No.: 316-082-007

NOTICE TO POTENTIAL BIDDERS: If

you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property or necessarily a 100% ownership interest in the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off or resolving ownership interest issues, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens as well as the ownership interest(s) that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, lien holder, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site www.elitepostandpub.com using the T.S. number assigned to this case. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a Written Declaration of Default and Demand for Sale, and a Written Notice of Default and Election to Sell. The Notice of Default and Election to Sell was recorded in the county where the real property is located, and more than three months have elapsed since such recordation.

OFFICE VISITS ARE BY APPOINTMENT ONLY, NO WALK INS CAN BE ACCOMMODATED. PLEASE CALL FIRST.

Date: 9/30/2020

WE ARE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Best Alliance Foreclosure and Lien Services Corp., as Trustee 16133 Ventura Blvd., Suite 700 Encino, California 91436 For Payoff/Reinstatement: (888) 785-9721 Sales Line: (714) 848-9272 or www.elitepostandpub.com

s/Cindy Sandoval for Best Alliance Foreclosure and Lien Services Corp.

Title No.: 05941939
T.S. No.: 20-20131
Loan No.: Sustainable/Garcia
AP No.: 316-082-007

EXHIBIT A
Legal Description
All that certain real property situated in the County of Humboldt, State of California, described as follows:

PARCEL ONE

The Northeast Quarter of Section 7, Township 6 North, Range 4 East, Humboldt Meridian. Being the same lands described in Patent recorded in Book 20 of Patents, page 27, Humboldt County Records.

PARCEL TWO

Rights of way and easements across portions of the Northwest Quarter of Section 7 and the Southwest Quarter of the Southwest Quarter of Section 6, Township 6 North, range 4 East, as further described in and subject to the terms and conditions of that certain document entitled "Reciprocal Road Easement" executed by Barnum Timber Company, et al recorded March 24, 2010, as Instrument No. 2010-6151-20, Humboldt County Official Records.

PARCEL THREE

A non-exclusive easement for all legal purposes in and across a strip of land 40 feet wide, and such additional widths as may be required for cuts and fills, the centerline of which is the centerline of the existing road which begins on the south line Parcel One above and runs in a general southerly direction through Section 18, Township 6 North, Range 4 East, Humboldt Meridian, to the north line of Hwy 299.

EXCEPTING AND RESERVING UNTO GRANTOR, IN GROSS, AND GRANTOR'S SUCCESSORS AND ASSIGNS, FROM ALL LANDS DESCRIBED ABOVE ("the Property"), all timber and timber management rights in perpetuity, including, but not necessarily limited to, the right to preserve, harvest, access, manage, inventory, inspect, and conduct silvicultural practices, including, but not necessarily limited to, pre-commercial thin-

ning, planting, vegetation control, and fertilization.

Subject to the limitations contained herein, it is the intent of the Grantor to reserve all timber and forest products of any size, kind, or nature, including any and all forest products now or hereafter standing, growing, lying or being on said property, together with the right to manage, inspect, inventory, harvest and to remove the same at any time hereafter. This reservation is not limited to forest products currently growing or existing on said land, but also includes all growth and re-growth in perpetuity.

Included in this reservation are all necessary and convenient rights-of-way, easements and privileges for the conduct of any of the activities herein described, in perpetuity, including, but not necessarily limited to, the expansion of existing roadways and road networks, and the construction of new skid trails, access roads and haul roads, all to be limited to the extent reasonably necessary and convenient to Grantor.

The terms of that certain Easement Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023410-8, are incorporated herein by reference, and Grantor herein intends that the Grant of Easement and all other terms described therein shall be binding upon and, to the extent relevant, inure to the benefit of, Grantee herein, as a successor in interest to Grantor therein.

Also reserving unto Grantor the right to use and develop water from any and all sources on the Property for dust abatement and other purposes related to timber operations.

Said reservations, and each of them, are intended to run with the land, and to be binding on any and all subsequent grantees and holders of any interest in the lands described above. Similarly, all reservations reserved herein are assignable, in gross, to Grantor's successors and assigns.

The Property is subject to that certain Restrictive Covenant and Project Implementation Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023411- 117, which describes restrictions running with the Property and binding all successors and assigns to certain terms generally requiring the preservation of all forests and vegetation on the Property, with limited exceptions, for the term of the Agreement.

Grantor, its successors and assigns, shall have the right to enforce, by any proceeding at law or in equity, all restrictions, covenants, and

conditions imposed as part of this deed and in any such action shall be entitled to recover reasonable attorneys' fees as awarded by the Court. Failure by Grantor to enforce any covenant, condition, or restrictions herein contained shall in no event be deemed a waiver of the right to do so thereafter.

10/1, 10/8, 10/15 (20-237)

T.S. No. 20-20132 Loan No. Sustainable / Immortal Order No. 05941941 APN: 316-082-006-000 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/16/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On: 10/22/2020 at 10:30 AM (or as postponed from time to time), Best Alliance Foreclosure and Lien Services Corp. as the duly appointed trustee under and pursuant to deed of trust recorded 7/5/2016, as Instrument No. 2016-012346, of Official Records in the office of the Recorder of Humboldt County, California, executed by Immortal Sunshine LLC as Trustor, Sustainable Mountain Center, LLC, Beneficiary, WILL SELL AT PUBLIC AUCTION SALE TO THE HIGHEST BIDDER FOR CASH, (payable at the time of sale in lawful money of the United States, by cash, a cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state) At: the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501, all right, title, and interest conveyed to and now held by it under said deed of trust in the property situated in said county, California describing the land therein: PLEASE SEE EXHIBIT "A" ATTACHED HERETO AND INCORPORATED HEREIN The property heretofore described is being sold "as is". The street address and other common designation, in any, of the real property described above is purported to be: Vacant Land The undersigned Trustee disclaims any liability for any incorrectness of the street address and/or other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding the physical condition of the property, title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust and personal property, if any,, with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the

trustee and of the trusts created by said deed of trust, to wit: amount of unpaid balance and other charges: \$456,087.18 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse.

Title No.: 05941941
T.S. No.: 20-20132
Loan No.: Sustainable / Immortal
AP No.: 316-082-006-000

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property or necessarily a 100% ownership interest in the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off or resolving ownership interest issues, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens as well as the ownership interest(s) that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, lien holder, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site www.elitepostandpub.com using the T.S. number assigned to this case. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a Written Notice of Default and Election to Sell. The Notice of Default and Election to Sell was recorded in the county where the real property is located, and more than three months have elapsed since such recordation.

OFFICE VISITS ARE BY APPOINTMENT ONLY, NO WALK INS CAN BE ACCOMMODATED. PLEASE CALL FIRST.

Date: 9/30/2020

WE ARE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Best Alliance Foreclosure and Lien Services Corp., as Trustee 16133 Ventura Blvd., Suite 700 Encino, California 91436 For Payoff/Reinstatement: (888) 785-9721 Sales Line: (714) 848-9272 or www.elitepostandpub.com

s/Cindy Sandoval by Best Alliance Foreclosure and Lien Services Corp.

Title No.: 05941941
T.S. No.: 20-20132
Loan No.: Sustainable / Immortal
AP No.: 316-082-006-000

EXHIBIT A
PARCEL ONE

The East Half of the Southwest Quarter and the West Half of the Southeast Quarter of Section 7, Township 6 North, Range 4 East, Humboldt Meridian.

Being the same lands described in Patent recorded in Book 21 of Patents, page 253, Humboldt County Records.

RESERVING THEREFROM a non-exclusive easement for all legal purposes in and across a strip of land 40 feet wide, and such additional widths as may be required for cuts and fills, the centerline of which is the centerline of the existing road which begins on the south line Parcel One above and runs in a general northerly direction to the a point on the north line of said Parcel One.

PARCEL TWO

Rights of way and easements across portions of the Northwest Quarter of Section 7 and the Southwest Quarter of the Southwest Quarter of Section 6, Township 6 North, range 4 East, as further described in and subject to the terms and conditions of that certain document entitled "Reciprocal Road Easement" executed by Bamum Timber Company, et al recorded March 24, 2010, as Instrument No. 2010-6151-20, Humboldt County Official Records.

PARCEL THREE

A non-exclusive easement for all legal purposes in and across a strip of land 40 feet wide, and such additional widths as may be required for cuts and fills, the centerline of which is the centerline of the existing road which begins on the south line Parcel One above and runs in a general southerly direction through Section 18, Township 6 North, Range 4 East, Humboldt Meridian, to the north line of Hwy 299.

PARCEL FOUR

A non-exclusive easement for all legal purposes in and across a strip of land 40 feet wide, and such additional widths as may be required for cuts and fills, the centerline of which is the centerline of the existing road which begins on the north line Parcel One above and runs in a general northerly and westerly direction to the west line of the northeast quarter of said Section 7.

PARCEL FIVE

The right to take 50% of the water flowing from existing springs in the Northeast Quarter of Section 7, together with the right to lay pipelines and such other facilities necessary for the conveyance of said water.

EXCEPTING AND RESERVING UNTO GRANTOR, IN GROSS, AND GRANTOR'S SUCCESSORS AND ASSIGNS, FROM ALL LANDS DESCRIBED ABOVE ("the Property"), all timber and timber management rights in perpetuity, including, but not necessarily limited to, the right to preserve, harvest, access, manage, inventory, inspect, and conduct silvicultural practices, including, but not necessarily limited to, pre-commercial thinning, planting, vegetation control, and fertilization. Subject to the limitations contained herein, it is the intent of the Grantor to reserve all timber and forest products of any size, kind, or nature, including any and all forest products now or hereafter standing, growing, lying or being on said property, together with the right to manage, inspect, inventory, harvest and to remove the same at any time hereafter. This reservation is not limited to forest products currently growing or existing on said land, but also includes ail growth and re-growth in perpetuity.

Included in this reservation are all necessary and convenient rights-of-way, easements and privileges for the conduct of any of the activities herein described, in perpetuity, including, but not necessarily limited to, the expansion of existing roadways and road networks, and the construction of new skid trails, access roads and haul roads, all to be limited to the extent reasonably necessary and convenient to

necessary and convenient to Grantor.

The terms of that certain Easement Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013- 023410-8, are incorporated herein by reference, and Grantor herein intends that the Grant of Easement and all other terms described therein shall be binding upon and, to the extent relevant, inure to the benefit of, Grantee herein, as a successor in interest to Grantor therein.

Also reserving unto Grantor the right to use and develop water from any and all sources on the Property for dust abatement and other purposes related to timber operations.

Said reservations, and each of them, are intended to run with the land, and to be binding on any and all subsequent grantees and holders of any interest in the lands described above. Similarly, all reservations reserved herein are assignable, in gross, to Grantor's successors and assigns.

The Property is subject to that certain Restrictive Covenant and Project Implementation Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023411-117, which describes restrictions running with the Property and binding all successors and assigns to certain terms generally requiring the preservation of all forests and vegetation on the Property, with limited exceptions, for the term of the Agreement.

Grantor, its successors and assigns, shall have the right to enforce, by any proceeding at law or in equity, all restrictions, covenants, and conditions imposed as part of this deed and in any such action shall be entitled to recover reasonable attorneys' fees as awarded by the Court. Failure by Grantor to enforce any covenant, condition, or restrictions herein contained shall in no event be deemed a waiver of the right to do so thereafter.

10/1, 10/8, 10/15 (20-238)

T.S. No. 20-20133 Loan No. Sustainable / W Creek Order No. 05941942 APN: 316-075-009-000 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/15/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On :10/22/2020 at 10:30 AM (or as postponed from time to time), Best Alliance Foreclosure and Lien Services Corp. as the duly appointed trustee under and

pursuant to deed of trust recorded 7/5/2016, as Instrument No. 2016-012246, of Official Records in the office of the Recorder of Humboldt County, California, executed by W Creek, LLC as Trustor, Sustainable Mountain Center LLC, Beneficiary, WILL SELL AT PUBLIC AUCTION SALE TO THE HIGHEST BIDDER FOR CASH, (payable at the time of sale in lawful money of the United States, by cash, a cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state) At: the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501, all right, title, and interest conveyed to and now held by it under said deed of trust in the property situated in said county, California describing the land therein: PLEASE SEE EXHIBIT "A" ATTACHED HERETO AND INCORPORATED HEREIN

The property heretofore described is being sold "as is". The street address and other common designation, in any, of the real property described above is purported to be: Vacant Land The undersigned Trustee disclaims any liability for any incorrectness of the street address and/or other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding the physical condition of the property, title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust and personal property, if any,, with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the trustee and of the trusts created by said deed of trust, to wit: amount of unpaid balance and other charges: \$456,154.03 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse.

Title No.: 05941942
T.S. No.: 20-20133
Loan No.: Sustainable / W Creek
AP No.: 316-075-009-000

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the prop-

erty or necessarily a 100% ownership interest in the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off or resolving ownership interest issues, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens as well as the ownership interest(s) that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, lien holder, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site www.elitepostandpub.com using the T.S. number assigned to this case. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a Written Notice of Default and Election to Sell. The Notice of Default and Election to Sell was recorded in the county where the real property is located, and more than three months have elapsed since such recordation.

OFFICE VISITS ARE BY APPOINTMENT ONLY, NO WALK INS CAN BE ACCOMMODATED. PLEASE CALL FIRST.

Date: 9/30/2020

WE ARE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Best Alliance Foreclosure and Lien Services Corp., as Trustee 16133 Ventura Blvd., Suite 700 Encino, California 91436 For Payoff/Reinstatement: (888)

785-9721
Sales Line: (714) 848-9272 or www.elitepostandpub.com

s/Cindy Sandoval for Best Alliance Foreclosure and Lien Services Corp.

Title No.: 05941942
T.S. No.: 20-20133
Loan No.: Sustainable / W Creek
AP No.: 316-075-009-000
EXHIBIT A

All that certain real property situated in the County of Humboldt, State of California, described as follows:

PARCEL ONE
The West Half of the Southwest Quarter of Section 8 and the East Half of the Southeast Quarter of Section 7, Township 6 North, Range 4 East, Humboldt Meridian.

Being the same lands described in Patent recorded in Book 21 of Patents, page 254, Humboldt County Records.

And being the same lands described in Certificate of Subdivision Compliance recorded Instrument No. 2013-000321-3, Humboldt County Official Records.

PARCEL TWO
A non-exclusive easement for all legal purposes in and across a strip of land 40 feet wide, and such additional widths as may be required for cuts and fills, the centerline of which is the centerline of the existing road which begins on the northerly line of Hwy 299 near the west line of the Northwest Quarter of Section 17 in said Township and Range and runs in a general northerly direction to the a point on the the south line of Parcel One above.

EXCEPTING AND RESERVING UNTO GRANTOR, IN GROSS, AND GRANTOR'S SUCCESSORS AND ASSIGNS, FROM ALL LANDS DESCRIBED ABOVE ("the Property"), all timber and timber management rights in perpetuity, including, but not necessarily limited to, the right to preserve, harvest, access, manage, inventory, inspect, and conduct silvicultural practices, including, but not necessarily limited to, pre-commercial thinning, planting, vegetation control, and fertilization.

Subject to the limitations contained herein, it is the intent of the Grantor to reserve all timber and forest products of any size, kind, or nature, including any and all forest products now or hereafter standing, growing, lying or being on said property, together with the right to manage, inspect, inventory, harvest and to remove the same at any time hereafter. This reservation is not limited to forest products currently growing or existing on said land, but also includes all growth and re-growth in perpetuity.

Included in this reservation are all necessary and convenient rights-of-way, easements and privileges for the conduct of any of the activities herein described, in perpetuity, including, but not necessarily limited to, the expansion of existing roadways and road networks, and the construction of new skid trails, access roads and haul roads, all to be limited to the extent reasonably necessary and convenient to Grantor.

The terms of that certain Easement Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023410-8, are incorporated herein by reference, and Grantor herein intends that the Grant of Easement and all other terms described therein shall be binding upon and, to the extent relevant, inure to the benefit of, Grantee herein, as a successor in interest to Grantor therein.

Also reserving unto Grantor the right to use and develop water from any and all sources on the Property for dust abatement and other purposes related to timber operations.

Said reservations, and each of them, are intended to run with the land, and to be binding on any and all subsequent grantees and holders of any interest in the lands described above. Similarly, all reservations reserved herein are assignable, in gross, to Grantor's successors and assigns.

The Property is subject to that certain Restrictive Covenant and Project Implementation Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023411-117, which describes restrictions running with the Property and binding all successors and assigns to certain terms generally requiring the preservation of all forests and vegetation on the Property, with limited exceptions, for the term of the Agreement.

Grantor, its successors and assigns, shall have the right to enforce, by any proceeding at law or in equity, all restrictions, covenants, and conditions imposed as part of this deed and in any such action shall be entitled to recover reasonable attorneys' fees as awarded by the Court. Failure by Grantor to enforce any covenant, condition, or restrictions herein contained shall in no event be deemed a waiver of the right to do so thereafter.

10/1, 10/8, 10/15 (20-239)

T.S. No. 20-20134 Loan No. Sustainable / Lucky Land Order No. 05941943 APN: 316-081-008 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/14/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT

MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On :10/22/2020 at 10:30 AM (or as postponed from time to time), Best Alliance Foreclosure and Lien Services Corp. as the duly appointed trustee under and pursuant to deed of trust recorded 6/22/2016, as Instrument No. 2016-011472, of Official Records in the office of the Recorder of Humboldt County, California, executed by Lucky Land Real Estate LLC as Trustor, Sustainable Mountain Center, LLC, Beneficiary, WILL SELL AT PUBLIC AUCTION SALE TO THE HIGHEST BIDDER FOR CASH, (payable at the time of sale in lawful money of the United States, by cash, a cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state)

At: the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501 , all right, title, and interest conveyed to and now held by it under said deed of trust in the property situated in said county, California describing the land therein: PLEASE SEE EXHIBIT "A" ATTACHED HERETO AND INCORPORATED HEREIN

The property heretofore described is being sold "as is". The street address and other common designation, in any, of the real property described above is purported to be: Vacant Land

The undersigned Trustee disclaims any liability for any incorrectness of the street address and/or other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding the physical condition of the property, title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust and personal property, if any,, with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the trustee and of the trusts created by said deed of trust, to wit: amount of unpaid balance and other charges: \$496,064.93 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse.

Title No.: 05941943
T.S. No.: 20-20134
Loan No.: Sustainable / Lucky Land

AP No.: 316-081-008

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property or necessarily a 100% ownership interest in the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off or resolving ownership interest issues, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens as well as the ownership interest(s) that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, lien holder, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site www.elitepostandpub.com using the T.S. number assigned to this case. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a Written Notice of Default and Election to Sell. The Notice of Default and Election to Sell was recorded in the county where the real property is located, and more than three months have elapsed since such recordation.

OFFICE VISITS ARE BY APPOINTMENT ONLY, NO WALK INS CAN BE ACCOMMODATED. PLEASE CALL FIRST.

Date: 9/30/2020

WE ARE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Best Alliance Foreclosure and Lien Services Corp., as Trustee 16133 Ventura Blvd., Suite 700 Encino, California 91436 For Payoff/Reinstatement: (888) 785-9721 Sales Line: (714) 848-9272 or www.elitepostandpub.com

s/Cindy Sandoval for Best Alliance Foreclosure and Lien Services Corp.

Title No.: 05941943
T.S. No.: 20-20134
Loan No.: Sustainable / Lucky Land
AP No.: 316-081-008

EXHIBIT A

All that certain real property situated in the County of Humboldt, State of California, described as follows:

All that real property situated in Township 6 North, Range 4 East, Humboldt Meridian, described as follows:

Section 18:
Lot 2;
Southeast Quarter of the North-west Quarter;
East Half of the Southwest Quarter; Northeast Quarter;
Southeast Quarter.

EXCEPTING THEREFROM that portion of Section 18 lying southerly and easterly of the northerly and westerly boundary of US Highway 299 as conveyed to the State of California in 1953 in Book 247 of Official Records page 580 and to the State of California in 1966 in Book 907 of Official Records page 329, Humboldt County Records.

Being the same lands described as Resultant Parcel "B" in Notice of Lot Line Adjustment and Certificate of Subdivision Compliance recorded Instrument No. 2012-7130-5, Humboldt County Official Records.

RESERVING THEREFROM a non-exclusive easement for all legal purposes in and across a strip of land 40 feet wide, and such additional widths as may be required for cuts and fills, the centerline of which is the centerline of the existing road which begins on the northerly line of Hwy 299 and runs in a general northerly direction to the a point on the most northerly line of the above described lands.

EXCEPTING AND RESERVING UNTO GRANTOR, IN GROSS, AND GRANTOR'S SUCCESSORS AND ASSIGNS, FROM ALL LANDS DESCRIBED ABOVE ("the Property"), all timber and timber management rights in perpetuity, including, but not necessarily limited to, the right

to preserve, harvest, access, manage, inventory, inspect, and conduct silvicultural practices, including, but not necessarily limited to, pre-commercial thinning, planting, vegetation control, and fertilization.

Subject to the limitations contained herein, it is the intent of the Grantor to reserve all timber and forest products of any size, kind, or nature, including any and all forest products now or hereafter standing, growing, lying or being on said property, together with the right to manage, inspect, inventory, harvest and to remove the same at any time hereafter.

This reservation is not limited to forest products currently growing or existing on said land, but also includes all growth and re-growth in perpetuity.

Included in this reservation are all necessary and convenient rights-of-way, easements and privileges for the conduct of any of the activities herein described, in perpetuity, including, but not necessarily limited to, the expansion of existing roadways and road networks, and the construction of new skid trails, access roads and haul roads, all to be limited to the extent reasonably necessary and convenient to Grantor.

The terms of that certain Easement Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023410-8, are incorporated herein by reference, and Grantor herein intends that the Grant of Easement and all other terms described therein shall be binding upon and, to the extent relevant, inure to the benefit of, Grantee herein, as a successor in interest to Grantor therein.

Also reserving unto Grantor the right to use and develop water from any and all sources on the Property for dust abatement and other purposes related to timber operations.

Said reservations, and each of them, are intended to run with the land, and to be binding on any and all subsequent grantees and holders of any interest in the lands described above. Similarly, all reservations reserved herein are assignable, in gross, to Grantor's successors and assigns.

The Property is subject to that certain Restrictive Covenant and Project Implementation Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023411-117, which describes restrictions running with the Property and binding all successors and assigns to certain terms generally requiring the preservation of all forests and vegetation on the Property, with limited exceptions, for

the term of the Agreement. Grantor, its successors and assigns, shall have the right to enforce, by any proceeding at law or in equity, ail restrictions, covenants, and conditions imposed as part of this deed and in any such action shall be entitled to recover reasonable attorneys' fees as awarded by the Court. Failure by Grantor to enforce any covenant, condition, or restrictions herein contained shall in no event be deemed a waiver of the right to do so thereafter.

10/1, 10/8, 10/15 (20-240)

T.S. No. 20-20136 Loan No. Sustainable / Lopez H Order No. 05941945 APN: 316-076-018 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/24/2017. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On :10/22/2020 at 10:30 AM (or as postponed from time to time), Best Alliance Foreclosure and Lien Services Corp. as the duly appointed trustee under and pursuant to deed of trust recorded 4/28/2017, as Instrument No. 2017-007661, of Official Records in the office of the Recorder of Humboldt County, California, executed by Hulfrano Lopez as Trustor, Sustainable Mountain Center, LLC, Beneficiary, WILL SELL AT PUBLIC AUCTION SALE TO THE HIGHEST BIDDER FOR CASH, (payable at the time of sale in lawful money of the United States, by cash, a cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state)

At: the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501 , all right, title, and interest conveyed to and now held by it under said deed of trust in the property situated in said county, California describing the land therein: PLEASE SEE EXHIBIT "A" ATTACHED HERETO AND INCORPORATED HEREIN

The property heretofore described is being sold "as is". The street address and other common designation, in any, of the real property described above is purported to be: vacant land The undersigned Trustee disclaims any liability for any incorrectness of the street address and/or other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding the physical condition of the property, title, possession, or encumbrances, to pay the remaining principal sum

of the note(s) secured by the Deed of Trust and personal property, if any., with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the trustee and of the trusts created by said deed of trust, to wit: amount of unpaid balance and other charges: \$335,520.53 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse.

Title No.: 05941945
T.S. No.: 20-20136
Loan No.: Sustainable / Lopez H
AP No.: 316-076-018

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property or necessarily a 100% ownership interest in the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off or resolving ownership interest issues, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens as well as the ownership interest(s) that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, lien holder, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site www.elitepostandpub.com using the T.S. number assigned to this case. Information about postponements that are very short in duration or that occur close in time to

the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a Written Notice of Default and Election to Sell. The Notice of Default and Election to Sell was recorded in the county where the real property is located, and more than three months have elapsed since such recordation.

OFFICE VISITS ARE BY APPOINTMENT ONLY, NO WALK INS CAN BE ACCOMMODATED. PLEASE CALL FIRST.

Date: 9/30/2020

WE ARE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Best Alliance Foreclosure and Lien Services Corp., as Trustee 16133 Ventura Blvd., Suite 700 Encino, California 91436 For Payoff/Reinstatement: (888) 785-9721 Sales Line: (714) 848-9272 or www.elitepostandpub.com

s/Cindy Sandoval for Best Alliance Foreclosure and Lien Services Corp.

Title No.: 05941945
T.S. No.: 20-20136
Loan No.: Sustainable / Lopez H
AP No.: 316-076-018

EXHIBIT A
PARCEL ONE
All that real property situated in Township 6 North, Range 4 East, Humboldt Meridian, described as follows:

Section 17:
Northwest Quarter; Southwest Quarter.

EXCEPTING THEREFROM that portion of said Northwest Quarter of Section 17 lying northerly of the southerly boundary of US Highway 299 as conveyed to the State of California in 1953 in Book 240 of Official Records page 538, Humboldt County Records.

Being the same lands described as Resultant Parcel "B" in Notice of Lot Line Adjustment and Certificate of Subdivision Compliance recorded Instrument No. 2012-7131-5, Humboldt County Official Records.

RESERVING THEREFROM a non-exclusive easement for all legal purposes in and across a strip of land 40 feet wide, and such additional widths as may be required for cuts and fills, the centerline of which is the centerline of the existing road which begins on the northern portion of the west line of

Parcel One above, and runs in a general easterly and southerly direction to the south line of said Parcel One.

PARCEL TWO

EXCEPTING AND RESERVING UNTO GRANTOR, IN GROSS, AND GRANTOR'S SUCCESSORS AND ASSIGNS, FROM ALL LANDS DESCRIBED IN EXHIBIT A TO THIS DEED ("the Property"), all timber and timber management rights in perpetuity, including, but not necessarily limited to, the right to preserve, harvest (any harvesting by Seller shall be conditioned on first obtaining the consent of Buyer, and absent such consent, Seller shall not harvest timber), access, manage, inventory, inspect, and conduct silvicultural practices, including, but not necessarily limited to, pre-commercial thinning, planting, vegetation control, and fertilization. Buyer will NOT have the right to harvest any timber on any portion of the Property, EXCEPT that Buyer shall have the right in any year to harvest firewood or standing timber for personal use, not to exceed two percent (2%) of the year's growth on the Property.

Subject to the limitations contained herein, it is the intent of the Grantor to reserve the right to inspect and inventory all timber and forest products of every size, kind, or nature growing or existing on the Property for purposes of carbon credit compliance and management practices.

The Property is subject to that certain Restrictive Covenant and Project Implementation Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023411-117, which describes restrictions running with the Property and binding all successors and assigns to certain terms generally requiring the preservation of all forests and vegetation on the Property, with limited exceptions, for the term of the Agreement.

The terms of that certain Easement Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023410-8, are incorporated herein by reference, and Grantor herein intends that the Grant of Easement and all other terms described therein shall be binding upon and, to the extent relevant, inure to the benefit of, Grantee herein, as a successor in interest to Grantor therein.

Grantee acknowledges that its ownership is subject to the Bery Summit South Tract Landowners Association Declaration of Restrictions and Road Maintenance Agreement recorded on June 15, 2016. Included in this reservation are all necessary and convenient rights-of-way, easements and privileges for

the conduct of any of the activities herein described, in perpetuity, including, but not necessarily limited to, the expansion of existing roadways and road networks, and the construction of new skid trails, access roads and haul roads, all to be limited to the extent reasonably necessary and convenient to Grantor.

Also reserving unto Grantor, its successors and assigns, the right to use and develop water from the pond located on the southern half of Section 17 for dust abatement and other purposes related to timber operations and maintenance of roads and rights-of-way as described above.

Said reservations, and each of them, are intended to run with the land, and to be binding on any and all subsequent grantees and holders of any interest in the lands described in Exhibit A. Similarly, all reservations reserved herein are assignable, in gross, to Grantor's successor's and assigns.

Grantor, its successors and assigns, shall have the right to enforce, by any proceeding at law or in equity, all restrictions, covenants, and conditions imposed as part of this deed and in any such action shall be entitled to recover reasonable attorneys' fees as awarded by the Court. Failure by Grantor to enforce any covenant, condition, or restrictions herein contained shall in no event be deemed a waiver of the right to do so thereafter.

10/1, 10/8, 10/15 (20-243)

T.S. No. 20-20135 Loan No. Sustainable / Lopez Order No. 05941944 APN: 316-081-007 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/7/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On :10/22/2020 at 10:30 AM (or as postponed from time to time), Best Alliance Foreclosure and Lien Services Corp. as the duly appointed trustee under and pursuant to deed of trust recorded 6/23/2016, as Instrument No. 2016-011517, of Official Records in the office of the Recorder of Humboldt County, California, executed by Marivel Lopez as Trustor, Sustainable Mountain Center, LLC, Beneficiary, WILL SELL AT PUBLIC AUCTION SALE TO THE HIGHEST BIDDER FOR CASH, (payable at the time of sale in lawful money of the United States, by cash, a cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank speci-

fied in Section 5102 of the Financial Code and authorized to do business in this state) At: the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501, all right, title, and interest conveyed to and now held by it under said deed of trust in the property situated in said county, California describing the land therein: PLEASE SEE EXHIBIT "A" ATTACHED HERETO AND INCORPORATED HEREIN The property heretofore described is being sold "as is". The street address and other common designation, in any, of the real property described above is purported to be: vacant land The undersigned Trustee disclaims any liability for any incorrectness of the street address and/or other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding the physical condition of the property, title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust and personal property, if any., with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the trustee and of the trusts created by said deed of trust, to wit: amount of unpaid balance and other charges: \$382,819.63 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse.

Title No.: 05941944
T.S. No.: 20-20135
Loan No.: Sustainable / Lopez
AP No.: 316-081-007

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property or necessarily a 100% ownership interest in the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off or resolving ownership interest issues, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens as well as the ownership interest(s) that may exist on this property by contacting the county recorder's office or a title insurance company, either of which

may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, lien holder, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site www.elitepostandpub.com using the T.S. number assigned to this case. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a Written Notice of Default and Election to Sell. The Notice of Default and Election to Sell was recorded in the county where the real property is located, and more than three months have elapsed since such recordation.

OFFICE VISITS ARE BY APPOINTMENT ONLY, NO WALK INS CAN BE ACCOMMODATED. PLEASE CALL FIRST.

Date: 9/30/2020

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s/Cindy Sandoval for Best Alliance Foreclosure and Lien Services Corp.

Title No.: 05941944
T.S. No.: 20-20135
Loan No.: Sustainable / Lopez
AP No.: 316-081-007

EXHIBIT A
PARCEL ONE
All that real property situated in Township 6 North, Range 4 East, Humboldt

Meridian, described as follows:
Section 18:
Lot 2;
Southeast Quarter of the North-west Quarter;
East Half of the Southwest Quarter;
Northeast Quarter;
Southeast Quarter.

EXCEPTING THEREFROM that portion of Section 18 lying northerly and westerly of the southerly and easterly boundary of US Highway 299 as conveyed to the State of California in 1953 in Book 247 of Official Records page 580, to the State of California in 1966 in Book 907 of Official Records page 329, and to the State of California in 1988 in Book 1881 of Official Records, page 1048, Humboldt County Records.

Being the same lands described as Resultant Parcel "A" in Notice of Lot Line Adjustment and Certificate of Subdivision Compliance recorded Instrument No. 2012-7131-5, Humboldt County Official Records.

RESERVING THEREFROM a non-exclusive easement for all legal purposes in and across a strip of land 40 feet wide, and such additional widths as may be required for cuts and fills, the centerline of which is the centerline of the existing road which begins on the southerly line of Hwy 299 near the northwest corner of the Parcel One above and runs in a general easterly direction to the east line of said Parcel One.

PARCEL TWO
A non-exclusive easement for all legal purposes in and across a strip of land 40 feet wide, and such additional widths as may be required for cuts and fills, the centerline of which is the centerline of the existing road which begins on the northern portion of the east line of Parcel One above, and runs thence in a general easterly, southerly and westerly direction to a point on the southern portion of the east line of Parcel One above.

PARCEL THREE
The right to develop a water source within the southwest quarter of Section 17, Township 6 North, Range 4 East, Humboldt Meridian, together the the right to use said water and the right to install pipelines and other facilities necessary for taking and conveying said water to Parcel One above. This right shall expire if the water source is not developed within 5 years from the recording date of this deed.

EXCEPTING AND RESERVING UNTO GRANTOR, IN GROSS, AND GRANTOR'S SUCCESSORS AND ASSIGNS, FROM ALL LANDS DESCRIBED ABOVE ("the Property"), all timber and timber management rights in perpetuity, including, but not necessarily limited to, the right to preserve, harvest, access,

manage, inventory, inspect, and conduct silvicultural practices, including, but not necessarily limited to, pre-commercial thinning, planting, vegetation control, and fertilization.

Subject to the limitations contained herein, it is the intent of the Grantor to reserve all timber and forest products of any size, kind, or nature, including any and all forest products now or hereafter standing, growing, lying or being on said property, together with the right to manage, inspect, inventory, harvest and to remove the same at any time hereafter. This reservation is not limited to forest products currently growing or existing on said land, but also includes all growth and re-growth in perpetuity.

Included in this reservation are all necessary and convenient rights-of-way, easements and privileges for the conduct of any of the activities herein described, in perpetuity, including, but not necessarily limited to, the expansion of existing roadways and road networks, and the construction of new skid trails, access roads and haul roads, all to be limited to the extent reasonably necessary and convenient to Grantor.

The terms of that certain Easement Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023410-8, are incorporated herein by reference, and Grantor herein intends that the Grant of Easement and all other terms described therein shall be binding upon and, to the extent relevant, inure to the benefit of, Grantee herein, as a successor in interest to Grantor therein.

Also reserving unto Grantor the right to use and develop water from any and all sources on the Property for dust abatement and other purposes related to timber operations.

Said reservations, and each of them, are intended to run with the land, and to be binding on any and all subsequent grantees and holders of any interest in the lands described above. Similarly, all reservations reserved herein are assignable, in gross, to Grantor's successors and assigns.

The Property is subject to that certain Restrictive Covenant and Project Implementation Agreement, recorded in the Official Records of Humboldt County October 16, 2013, Document No. 2013-023411-117, which describes restrictions running with the Property and binding all successors and assigns to certain terms generally requiring the preservation of all forests and vegetation on the Property, with limited exceptions, for the term of the Agreement.

Grantor, its successors and assigns, shall have the right to enforce, by any proceeding at law or in equity, all restrictions, covenants, and conditions imposed as part of this deed and in any such action shall be entitled to recover reasonable attorneys' fees as awarded by the Court. Failure by Grantor to enforce any covenant, condition, or restrictions herein contained shall in no event be deemed a waiver of the right to do so thereafter.

10/1, 10/8, 10/15 (20-244)

FICTITIOUS BUSINESS NAME STATEMENT 20-00425

The following person is doing Business as
GALA EVENTS AND WEDDINGS

Humboldt
1138 Madrone Way
Arcata, CA 95521

PO Box 194
Arcata, CA 95518

Denise M Bauer
1138 Madrone Way
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on October 2011
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Denise M Bauer
This August 26, 2020
KELLY E. SANDERS
by kt, Humboldt County Clerk

9/24, 10/1, 10/8, 10/15 (20-235)

FICTITIOUS BUSINESS NAME STATEMENT 20-00438

The following person is doing Business as
GATEWAY PROPERTIES

Humboldt
3155 Central Ave
Eureka, CA 95501

4985 Meyers Ave
Eureka, CA 95503

Gateway ProPerty Management LLC
Calif. 202003510907
4985 Meyers Ave
Eureka, CA 95503

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and

Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Doug Boltzen, Managing Member
This September 1, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

9/10, 9/17, 9/24, 10/1 (20-224)

FICTITIOUS BUSINESS NAME STATEMENT 20-00439

The following person is doing Business as
REVELRY KITCHENS

Humboldt
545 I Street
Arcata, CA 95521

Kevin W Dikes
545 I Street
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Kevin Dikes, Owner/Sole Proprietor
This September 1, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

9/10, 9/17, 9/24, 10/1 (20-225)

FICTITIOUS BUSINESS NAME STATEMENT 20-00474

The following person is doing Business as
LOW FASHION MODEL

Humboldt
840 15th Street, Apt B
Arcata, CA 95521

Michael D Mathews II
840 15th Street, Apt B
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Michael Mathews II
This September 15, 2020
KELLY E. SANDERS
by tn, Humboldt County Clerk

9/24, 10/1, 10/8, 10/15 (20-241)

REQUEST FOR PROPOSALS
RENT COMPARABILITY STUDY FOR
EUREKA FAMILY HOUSING
RFP-EFH-2020-01

Eureka Family Housing LP (EFH), managed by the City of Eureka Housing Authority, is issuing a Request for Proposals RFP-EFH-2020-01 to obtain the services of real estate appraisers who will provide Rent Comparability Study Services (RCS) for EFH (50 units) in Eureka, California.

The contractor's services will be based on rental units in Eureka, California. The solicitation is posted at <https://www.eureka-humboldt-hsg.org/images/rfp-efh-2020-01.pdf>. This is full and open competition. EFH will be awarding one, one-time contract for these services

RFPs will be accepted until October 16, 2020, 4:30 pm.

Questions regarding the RFP, please contact Eureka Housing Authority at (707) 443-4583 ext 219. Our office is located at 735 W. Everding Street, Eureka CA 95503.




PUBLIC NOTICE

The Fieldbrook Elementary School District Board of Trustees is currently seeking persons interested in filing for a position as school trustee. Such a vacancy was created by fulfillment of position and non-reappointment of a current trustee effective 11/27/2020 (3 vacancies). The newly appointed trustees will serve until the next school district elections held in November 2022.

Persons interested in this position must be at least 18 years of age and residents of the Fieldbrook Elementary School District. Interested persons should submit a concise letter stating reasons for wishing to serve on the Board of Trustees and giving general background information. Letters emailed to office@fbk8.org or delivered to the Fieldbrook School District Office at 4070 Fieldbrook Road, McKinleyville, CA 95519 are being accepted until October 9, 2020.

We encourage you to contact Justin Wallace, Superintendent at 839-3201 for more information.



We Print Obituaries

Submit information via email to classified@northcoastjournal.com, or by mail or in person.

Please submit photos in JPG or PDF format, or original photos can be scanned at our office.

The *North Coast Journal* prints each Thursday, 52 times a year. Deadline for obituary information is at 5 p.m. on the Sunday prior to publication date.

NCJ
NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART

310 F STREET, EUREKA
(707) 442-1400 • FAX (707) 442-1401

LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT 20-00458

The following person is doing Business as
OPERA ALLEY BISTRO

Humboldt
409 Opera Alley
Eureka, CA 95501

Autumn M Searls-Widmier
1173 Lloyd St
Eureka, CA 95503

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Autumn Marie Searls-Widmier, Owner
This September 9, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

9/17, 9/24, 10/1, 10/8 (20-233)

FICTITIOUS BUSINESS NAME STATEMENT 20-00459

The following person is doing Business as
GALACTIC GARDEN DREAMS

Humboldt
139 Butterfly Road
Willow Creek, CA 95573

PO Box 61
Burnt Ranch, CA 95527

Martina R Bunn
139 Butterfly Road
Willow Creek, CA 95573

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to

Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Martinamarie Bunn
This September 9, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

9/17, 9/24, 10/1, 10/8 (20-232)

FICTITIOUS BUSINESS NAME STATEMENT 20-00462

The following person is doing Business as
CIARA'S IRISH SHOP

Humboldt
334 2nd Street
Eureka, CA 95501

Mary C Cree (aka Cindy Cree or CC Cree)
3880 Palomino Place
Fortuna, CA 95540

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Cindy Cree, Owner
This September 10, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

9/24, 10/1, 10/8, 10/15 (20-234)

FICTITIOUS BUSINESS NAME STATEMENT 20-00478

The following person is doing Business as
DRESDEN STAR ORNAMENTS/ SOFTWARE MASK/G&G ENTERPRISES

Humboldt
1392 Port Kenyon Rd
Ferndale, CA 95536

Glenn Giaimo
1392 Port Kenyon Rd
Ferndale, CA 95536

Gail Giaimo
1392 Port Kenyon Rd
Ferndale, CA 95536

The business is conducted by Copartners.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Glenn Giaimo, Partner
This September 22, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

10/1, 10/8, 10/15, 10/22 (20-247)

FICTITIOUS BUSINESS NAME STATEMENT 20-00432

The following person is doing Business as
BERY BIRDY

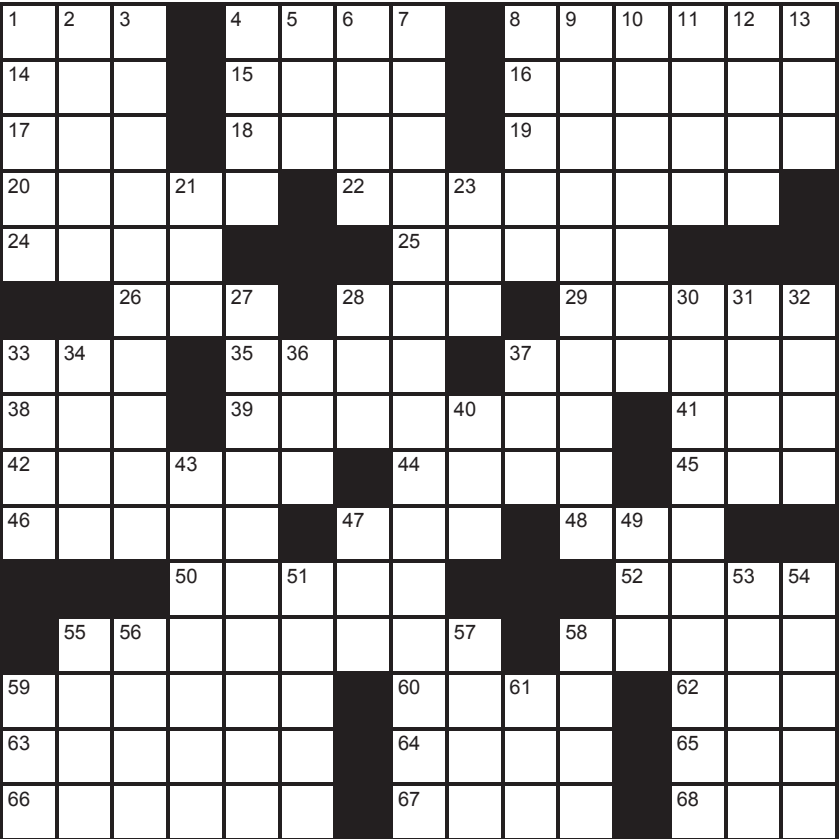
Humboldt
2290 1st Road
McKinleyville, CA 95519

Cassandra A Snipes
2290 1st Road
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Cassandra Snipes, Owner
This August 27, 2020
KELLY E. SANDERS
by kt, Humboldt County Clerk

9/17, 9/24, 10/1, 10/8 (20-230)

CROSSWORD by David Levinson Wilk



©2020 DAVID LEVINSON WILK

MRI

ANSWERS NEXT WEEK!

ACROSS

- USO show attendees
- company names
- Scuba tank filler
- A single Time?
- Swiffer product
- Called up
- ____ Sings Dylan" (1965 folk album)
- Snake in "Raiders of the Lost Ark"
- Brainiac
- T or F, frequently: Abbr.
- Something to pass at a fund-raiser
- Lug
- After-tax amount
- Not halal, in Arab cuisine
- ____ all a blur"
- Doze (off)
- Top-quality
- Beach hill
- Ugandan leader?
- Lukewarm
- ____ van
- Very light brown
- 1011, in old Rome

- Monty Python co-founder John
- Botch
- Waste away
- It may be hard to keep
- "Ciao!"
- ____ and outs

DOWN

- Assess
- He might provide assistance after a crash
- Tool for undoing stitches
- Elapse
- Prefix with meter
- Anderson of "WKRP in Cincinnati"
- How Arabic and Hebrew are written
- Influence
- Like some bad apples
- Ask for a hand?

- "My treat!"
- One in a gardener's handful
- General on Chinese menus
- Jerry's partner in ice cream
- ____ capita
- Conditioner's cousin
- "Life of Pi" director Lee
- Med. scan that allows the body's organs to be seen in their normal functioning position ... or what can be seen in 3-, 7-, 9- and 27-Down
- ____ Reader, quarterly magazine that uses the slogan "Cure ignorance"
- Right direction?
- Trig or calc
- Fed. workplace monitor
- Actor's representative: Abbr.
- Breakfast grain
- Canon SLR
- Not so gloomy
- ____ little teapot ..."
- Praiseful poem
- "Does ____ any better than this?"
- Resignee of 1974
- Finds the right words, say
- ____ slaw
- Sans opposite
- 11-time NCAA basketball champs
- Low brass instrument
- Variety show hosts, briefly
- Daily grind

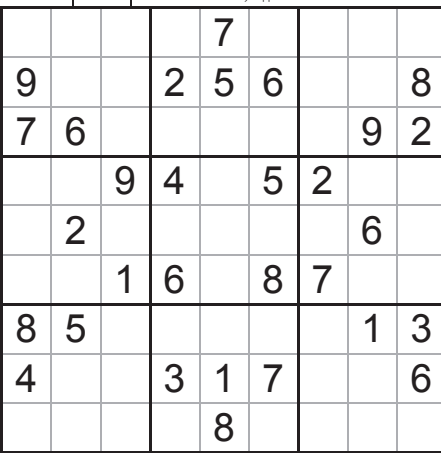
LAST WEEK'S ANSWERS TO MASKED



su | do | ku

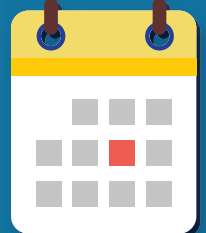
© Puzzles by Pappocorn

EASY #21



www.sudoku.com

SUBMIT your
**Calendar
Events**



ONLINE or by E-MAIL

northcoastjournal.com • calendar@northcoastjournal.com

Print Deadline: Noon Thursday, the week before publication

Opportunities

AMERICAN STAR PRIVATE SECURITY

Is now hiring. Clean record.
Drivers license required.
Must own vehicle. Apply at
922 E Street, Suite A, Eureka
(707) 476-9262.

ESSENTIAL CAREGIVERS

Needed to help Elderly
Visiting Angels
707-442-8001

JUNIOR IT SPECIALIST (PART-TIME) Learn about the position and how to apply at:
www.stillwatersci.com/careers

LEGALS?
442-1400 x314



NOW HIRING!

Are you passionate about making a difference in your community? Are you tired of mundane cubicle jobs and want to join a friendly, devoted community with limitless potential?

Join the Humboldt County Education Community.

Many diverse positions to choose from with great benefits, retirement packages, and solid pay. Learn more and apply today at hcoe.org/employment

Find what you're looking for in education!



SunValley

Creating a World of Color

WE ARE HIRING NOW!

Be part of our dynamic environmentally friendly company. We offer Flexible hours, Part time, Training, Seasonal opportunities.

We are looking for outgoing Team Members who want to gain some great work experience and be part of **FUN, ENERGETIC AND ENGAGED** workforce.

Start Working Today • Weekly Pay • Part Time Weekends • Full Time • Bonus Opportunities

SIGN ON BONUS \$100.00

You will receive bonus at end of season.

APPLY NOW!!!

Email us at HR@tsvg.com, or In Person at
3160 Upper Bay Road. ARCATA CA 95521



Northcoast Children's Services

CENTER DIRECTOR, Eureka

Overall management of a Head Start center base prog. Meet Teacher Level on Child Development Permit Matrix, plus 3 units in Administration (BA/BS Degree in Child Dev. or related field prefer). Req. a min. of 2 yrs. exp. working w/ preschool children in a group setting. F/T 40 hr./wk. (M-Fri); \$17.13-\$18.89/hr. **Open Until Filled.**

TEACHER, Fortuna

Responsible for developing & implementing classroom activities—providing support & supervision for a toddler program. Meet Associate Teacher Level on Child Dev. Permit Matrix & have 1 yr. exp. teaching in a toddler setting. P/T 28 hrs./wk. \$14.78-\$15.52/hr.

Open Until Filled.

TEMPORARY TEACHER, Eureka

Responsible for developing & implementing classroom activities—providing support & supervision for a preschool prog. Meet Associate Teacher Level on Child Dev. Permit Matrix & have 1 yr. exp. teaching in a preschool setting. Temporary F/T 40 hrs./wk. (M-Fri) \$14.78-\$16.30/hr.

Open Until Filled.

TEMPORARY COOK, Blue Lake

Duties include prepping meals for preschool children in a childcare center. Req. basic cooking skills, plus exp. in food service & volume meal prep. Prefer candidate have exp. training or education in nutrition, volume meal prep, menu planning, kitchen safety & sanitation & CACFP (CA Child Care Food Program) exp. TEMPORARY P/T (M-Fri) 28 hrs./wk. \$13.59/hr. **Open Until Filled.**

COOK, Fortuna

Prep meals for preschool children in a childcare center. Req. basic cooking skills, plus exp. in food service & volume meal prep. Prefer candidate have exp. training or education in nutrition, volume meal prep, menu planning, kitchen safety & sanitation & CACFP (CA Child Care Food Program) exp. P/T (M-Fri) 28 hrs./wk. \$13.59/hr. **Open Until Filled.**

Submit applications to:

Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For addtl info & application

please call 707- 822-7206 or visit our website at

www.ncsheadstart.org



The Hoopa Valley Tribe is accepting applications to fill the following vacant position

SENIOR TRIBAL ATTORNEY

The Hoopa Valley Tribe, a federally recognized Indian Tribe located in Hoopa, CA, seeks an Attorney to fill the position of Senior Tribal Attorney. The successful candidate will serve in the Office of Tribal Attorney under the supervision of the Hoopa Valley Tribal Council and Tribal Chairman. Provides a wide range of legal services to the Hoopa Valley Tribe, including without limitation advice, negotiation, drafting, research, lobbying, representation in litigation and administrative proceedings and other duties as assigned by the Council. Senior Tribal Attorney does not provide legal services or advice to individual Tribal members, except upon resolution of the Hoopa Valley Tribal Council.

Contractual, Salary: DOE.

MINIMUM QUALIFICATIONS:

- Juris Doctorate (J.D.) Degree.
- Minimum of five to ten years practicing Federal Indian Law and/or training; or equivalent combination of education or experience.
- Member in good standing of any state bar; California Bar Membership (highly desired) or willing to obtain California Bar membership within one year of hire.
- Outstanding writing, research and communication skills required.
- Experience in employment law, civil litigation, contracts and business law, and tax law.
- Must possess a Valid CA Driver's License and be insurable.
- Subject to a successful employment background check in accordance with Title 30A.
- Preference will be given to qualified Native American Indian applicants.
- This position classified safety-sensitive.

DEADLINE: OPEN UNTIL FILLED

Submit application, cover letter, resume and writing sample to the Human Resources Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546, e-mail submission to liz@hoopainsurance.com, or call (530) 625-9200 ext. 20. The Tribe's Alcohol and Drug Policy and TERO Ordinance apply.



The Hoopa Valley Tribe is accepting applications to fill the following vacant position

WATER TREATMENT SUPERVISOR, Hoopa Valley Public Utilities District,

Regular, F/T, Salary: \$27.40/hr.

Responsible for operating, maintaining and controlling the District's Micro Filtration and Pressure Plants, consisting of water pumping, distribution and water treatment facilities. Performs preventative maintenance checks and repairs of District water pumping, distribution and treatment facilities, machinery, equipment and grounds.

Minimum Qualifications: Must possess a Grade III Water Treatment Operator's Certificate (T3) AND a Grade II Distribution Certification. Must possess First Aid & CPR certifications within one (1) year of hire. Supervisory experience required. Ability to work odd shifts, weekends and/or holidays. Must possess a Valid CA Driver's License and be insurable. **DEADLINE: Open Until Filled**

These positions are classified safety-sensitive.

For a complete job description and employment application, contact the Human Resources Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.



Hiring?

Post your job opportunities in the **Journal**.

442-1400 x314

northcoastjournal.com



YUROK TRIBE

FOR A LIST OF CURRENT
JOB OPENINGS
AND DESCRIPTIONS

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WWW.YUROKTRIBE.ORG OR JOIN US
ON FACEBOOK: WWW.FACEBOOK.COM/
YUROKTRIBEHUMANRESOURCES

FOR MORE INFORMATION CALL
(707) 482-1350 EXTENSION 1376



TRANSPORTATION PLANNER

Humboldt County Association of Governments (HCAOG)
A Regional Transportation Planning Agency for Humboldt County is
seeking to fill a full-time Transportation Planner position:

Assistant: \$60,329 - \$73,330

Associate: \$66,640 - \$81,002

Insurance Benefits: health, dental, vision, life, CalPERS Retirement

Application Deadline: 5:00 p.m. November 30, 2020

Send cover letter, resume, and three work-related references to
HCAOG at:

611 I Street, Suite B, Eureka CA 95501 or email:

debbie.egger@hcaog.net

A detailed job description may be obtained @ www.hcaog.net



The Hoopa Valley Tribe is accepting applications
to fill the following vacant position

ACADEMIC ADVISOR/ STUDENT SERVICES COORDINATOR

Hoopa Higher Education, Regular, F/T,
Salary: \$20-\$25/hr DOE

Will utilize leadership, program development, advocacy,
and collaborative methods to respond to identified student
needs and promote student success rates among program
participants while enhancing community partnerships that
alleviate barriers to learning.

MINIMUM QUALIFICATIONS: A Bachelor's Degree in
Education or related field from a four year college or
university and one year of academic advising is required. A
combination of education, training and experience in related
field may be considered in lieu of requirements.

An understanding of local Native American Indian cultural
heritage is preferred. Must be CPR Certified or willing to
obtain certification. Must have a valid CA Driver's License
and be insurable. Must successfully pass an employment
background check in accordance with Title 30A.

DEADLINE: OPEN UNTIL FILLED

For job descriptions and employment applications, contact
the Human Resources/Insurance Department, Hoopa Valley
Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200
Ext. 20 or email hr2@hoopainsurance.com. The Tribe's
Alcohol & Drug Policy and TERO Ordinance Apply.



City of Arcata Maintenance Crew Leader - Utilities

\$44,552 to \$55,508/yr.

Filing Deadline: 4 pm Mon., Oct. 12, 2020.

This skills and communication based lead
position will assign, train and perform the
work of crews assigned to the construction,
maintenance, repair, installation and
monitoring of the City's utilities systems. The
current vacancy is in the Utilities assignment
of the cross-class position.

For full details and application materials:

www.cityofarcata.org;

or Arcata City Manager's Office, 736 F Street,
Arcata, or (707) 822-5953. EOE.



Hiring?

Post your job opportunities
in the **Journal**.

442-1400 x314
northcoastjournal.com

The Housing Authorities of the City of Eureka and
County of Humboldt

Community Liaison / Compliance Officer

This is a full-time permanent position.

Starting salary is \$3,845 - \$4,962/mo. plus benefits
package.

Education/Experience: Any combination of education
and experience that demonstrates possession of the
requisite knowledge, skill and abilities. A typical way to
obtain these would be:

High School Diploma. AA preferred. Five years in law
enforcement compliance, or social services. Valid CA
driver's license.

Complete job description and application package
can be obtained at the front entry of the Housing
Authorities' office at 735 West Everding Street, Eureka
CA 95503. Or email your request for an application
packet to heatherb@eureka-humboldt-hsg.org with
Community Liaison/Compliance Officer in the subject
line and formally request an application packet in the
body of the email. **Position will be open until filled.**

Due to COVID-19 and social distancing, our business
will be open but our office will be closed to
the public until further notice.

Please call 707-443-4583 with any questions.



The Housing Authorities are Equal
Opportunity Employers



sequoiapersonnel.com
436 Harris St.
Eureka, CA 95503
(707) 445.9641

SEQUOIA PERSONNEL SERVICES

**Planning Technician • Controller
Bookkeeper • Production Laborers
Customer Service Manager • A/P Clerk
Construction Laborer • Shovel Operator
HR Manager • PT Office Assistant
Licensed Insurance Professional
Delivery Driver • Delivery Helper**



SoHum Health is HIRING

Interested applicants are
encouraged to visit and apply
online at **www.SHCHD.org** or
in person at 733 Cedar Street,
Garberville (707) 923-3921

CURRENT JOB OPENINGS

FAMILY NURSE PRACTITIONER (FNP)

The Family Nurse Practitioner is an advanced practice
Registered Nurse with additional preparation and skills
in physical diagnosis, psycho-social assessment and
management of health needs in primary health care,
and who possesses the ability to assist the health
status in individuals and families. The FNP provides
for the continuity of healthcare to patients, provides
instruction and counseling to individuals, families
and groups concerning preventive health care; and
collaborates with other providers and agencies to
assure the provision of coordination of health care
delivery to individuals and families. The FNP functions
within the scope of practice as authorized for the
RN pursuant to Business and Professions Code,
Division 2, Chapter 6. The FNP functions within the
scope of practice as specified in the Nursing Practice
Act and as it applies to all Registered Nurses.

MINIMUM POSITION QUALIFICATIONS REQUIRED:

Education/Knowledge: Graduation from an
accredited nursing school; completion of an
accredited nurse practitioner program and
proof of current California licenses.

SPECIAL SKILLS/EQUIPMENT:

Ability to display professionalism in the work
environment; ability to concentrate on details in
a busy, distracting environment; ability to solve
practical problems and deal effectively with
situations where limited standardization exists.

LICENSES/CERTIFICATES:

Must possess valid California license as a registered
nurse; California certificate as Nurse Practitioner;
furnishing and dispensing number within six
months of hire; current CPR certification.

Job Type: Full-time

New hires qualify for benefits as soon
as they begin employment!

SHCHD minimum wage start at \$15.50
per hour featuring an exceptional benefits
package, including an employee discount
program for services offered at SHCHD.

CAREGIVERS NEEDED NOW! Work from the comfort of your home. We are seeking caring people with a bedroom to spare to help support adults with special needs. Receive ongoing training and support and a monthly stipend of \$1200-\$4000+ a month. Call Sharon for more information at 707-442-4500 ext 16 or visit www.mentorswanted.com to learn more.



HUMAN RESOURCES MANAGER

Job Specific Responsibilities

- Recruiting and staffing.
- Performance management and improvement systems.
- Employment Law compliance.
- Employee orientation, development, and training.
- Policy development and documentation.
- Employee relations, morale, and motivation.
- Company, employee and community communication.
- Benefits administration.
- Employee safety and wellness.
- Company culture administration, emphasizing quality, continuous improvement, togetherness and high performance.
- Other duties as assigned.
- Conform with and abide by all regulations, policies, work procedures and instructions.

Knowledge, Skill & Experience

- High School Diploma.
- Human Resources Degree or Certification preferred.
- 5+ Years Human Resources experience.
- Excellent communication and interpersonal skills.
- Advanced active listening skills.
- Strong critical thinking ability.
- Ability to maintain confidentiality.
- Ability to multitask and prioritize duties.
- Detail oriented.
- Positive demeanor.
- Customer service mentality.
- Ability to work independently.
- Ability to work collaboratively in a team setting.

How to Apply:

Apply online at www.foxfarm.com/careers



CITY OF FORTUNA SR. ADMIN. ASSISTANT/DEPUTY CITY CLERK

FULL TIME, \$43,881 - \$53,387/YR

Sr. Admin. Assistant will perform a variety of complex administrative and clerical tasks in the areas of City Manager administration, Human Resources, Risk Management, and City Clerk. Incumbent will be classified as a "Confidential" employee and will not be represented by any employee group.

Applicants must obtain appointment as a California Notary Public within one year of hire date, possess valid CDL, and be at least 18 years of age.

Complete job description, application, and supplemental questions are available at City of Fortuna, 621 11th Street, or friendlyfortuna.com.

Application and supplemental questions must be received by

4pm on Friday, October 23, 2020.



SoHum Health is HIRING

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707) 923-3921

CURRENT JOB OPENINGS

NURSE MANAGER – EMERGENCY DEPT/ACUTE

Full Time Position. Critical Access Hospital; 4-bed Emergency room & 9-bed Acute care unit, seeking an ER/Acute Care Nurse Manager to provide leadership, administrative responsibility and oversight of the ER and Acute care departments. Current California RN license required. BSN, PALS, & ACLS required. Minimum 2 years ER experience required. Minimum 1 year Management Experience strongly preferred.

ER/ACUTE CARE REGISTERED NURSE

Full-Time, 12-hour shift, 3 days/week. Current California RN License, BLS, ACLS, & PALS certification required. Work 12-hour shifts in our critical access acute care & emergency room.

LICENSED VOCATIONAL NURSE – CLINIC & HOME VISITS

Full Time position, 8 or 10 hr. shifts, 4 or 5 days a week, Monday - Friday. Current California LVN license and BLS certification required. Work 8 or 10 hour shifts in our outpatient Rural Health Clinic and at patient homes.

New hires qualify for benefits as soon as they begin employment!

SHCHD minimum wage start at \$15.50 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.



Let's Be Friends



Redwood Community Action Agency is hiring for the following positions:

Family Support Specialists –

\$14/hr PT & FT available

Energy Intake/Outreach Specialist –

\$14/hr FT

Energy Weatherization Field Crew –

\$16/hr FT

Youth Shelter Worker – \$14/hr PT

Lead Youth Shelter Worker – \$15/hr FT

Youth Case Worker – \$16/hr FT

Fulltime (FT) positions have a complete benefit package. Go to www.rcaa.org for a complete job description & required application. AA/EOE



K'ima:w Medical Center

an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

PATIENT BENEFITS FRONT DESK CLERK

FT/REGULAR DEADLINE TO APPLY
IS 5 PM, OCTOBER 9, 2020.

ACCOUNTANT

FT/REGULAR DEADLINE TO APPLY
IS 5 PM, OCTOBER 9, 2020.

GRANTS COMPLIANCE OFFICER

FT/REGULAR DEADLINE TO APPLY
IS 5PM, OCTOBER 9, 2020.

MMIW ADVOCATE/EDUCATOR GRANT FUNDED

FT/REGULAR OPEN UNTIL FILLED.

NATIVE CONNECTIONS PROJECT COORDINATOR SAMHSA GRANT FUNDED

FT/REGULAR OPEN UNTIL FILLED.

MENTAL HEALTH CLINICIAN FT/REGULAR

FT/REGULAR OPEN UNTIL FILLED.

HOUSEKEEPER ON-CALL

OPEN UNTIL FILLED.

ULTRASOUND CONSULTANT/TRAINER/ SONOGRAPHER ON-CALL

OPEN UNTIL FILLED.

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call **530-625-4261** or email: hr.kmc@kimaw.org for a job description and application. You can also check our website listings for details at kimaw.org. Resume and CV are not accepted without a signed application.



SoHum Health is HIRING

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707) 923-3921

CURRENT JOB OPENINGS

ACCOUNTING ASSISTANT

Part-Time Position. Position reports to CFO and is responsible for accounts payable, the general ledger, and preparing reports for the state and other regulatory bodies. 2-3 year's work experience in finance or accounting, health care experience preferred.

HOUSEKEEPER

Full-Time Position. The Housekeeper performs cleaning and general maintenance of assigned hospital building areas to promote sanitary, orderly and attractive conditions.

INFECTION PREVENTION / EMPLOYEE HEALTH

Full Time Position. Position includes, but is not limited to, infection monitoring and reporting, infection risk assessment and prevention, policy and procedure development, staff education, and outbreak management. Employee Health role includes new employee and annual health assessments, immunization programs, exposure management, and safe patient handling programs. Must be able to communicate clearly, verbally and in writing to interface with employees, medical staff, and state, local, and federal health departments and programs. BSN preferred. Certification in Infection Control (CIC) preferred, but willing to train the right candidate.

PATIENT FINANCIAL SERVICES / HEALTH INFORMATION MANGEMENT CLERK

Full Time Position. Must be available on weekends. High school diploma or equivalent. Performs clerical and computer tasks to support Health Information Management (HIM) and Patient Financial Services (PFS) functions under the immediate supervision of the PFS Manager, with consultation from the contracted HIM manager. Serves as a customer service representative to patients, their families, the public and the Medical Staff. Effective computer and software skills, a knowledge and experience with a wide array of various software systems and applications. Ability to work as a team member within the department and within the hospital. Ability to maintain confidentiality with regard to patient medical records and other sensitive issues. Prefer minimum of two years of customer service in a professional environment and one year secretarial or general office experience.

New hires qualify for benefits as soon as they begin employment!

SHCHD minimum wage start at \$15.50 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.

Hiring?

Post your job opportunities in the **Journal**.

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WRITERS WANTED

No Experience Necessary

The *North Coast Journal* is looking for smart, talented writers and reporters to add to the ranks of freelancers who contribute news and features to the weekly paper and its website. No experience necessary. *Journal* editors will be hosting an introductory virtual meeting to give an overview of the process and answer questions.

What: Writers Roundup

When: Oct. 8, 2020 at 7 PM

Where: Virtual

Sign Up: E-Mail RSVP

Editor@northcoastjournal.com

E-mail with "Writer Roundup" in the subject line and your full name and contact information in the body of the e-mail to receive a link to the meeting.



Northcoast Children's Services

Annual JOB POOL

NCS anticipates a number of Head Start, Early Head Start & State Program job openings for our 2020 program yr. Potential positions are throughout Humboldt County & may be yr. round or school-yr.

ANTICIPATED START DATE: LATE AUGUST/EARLY SEPTEMBER

CENTER DIRECTOR • FAMILY WORKER

HOME VISITOR • TEAM TEACHER

TEACHER • ASSOCIATE TEACHER

CLASSROOM ASSISTANT • COOK

ASSISTANT COOK • NUTRITION AIDE

SPECIAL AIDE • ASSISTANT TEACHER

SPECIAL AIDE/INTERPRETER (Spanish)

COMBO ASSOCIATE TEACHER

HOUSEKEEPER • SUBSTITUTES

Submit applications to:

Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For addtl info & application please call

707- 822-7206 or visit our website at

www.ncsheadstart.org



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The Hoopa Valley Tribe is accepting applications to fill the following vacant position

MANAGER, Hoopa Mini Mart & Gas Station,

Regular, F/T, Salary: DOE.

Responsible for the Mini-Mart & Gas Station operations including: employee recruiting, hiring, scheduling, training, and supervising employees. Ensures consistent quality customer service, improves employee productivity, maintains and increases revenue, creates and manages expenses according to inventory/payroll budgets.

MINIMUM QUALIFICATIONS:

High School Diploma or GED. Must be 21 years of age or older. Associate's degree or equivalent from two-year College or Technical School in Management, Finance, and/or Accounting or other related field highly desired. Must have five (5) years' experience in the retail business. Ability to perform accounts payable and receivable. Must possess a class A and Class B UST Certificate in accordance with UST System owners and operators in Indian Country pursuant to Federal UST Regulation requirements, or successfully obtain one within thirty days from the date of hire. Must have a Valid CA Driver's License and be insurable. Subject to a full background check including fingerprints according to Title 30A.

DEADLINE: October 15, 2020

For job descriptions and employment applications, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.

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EMPLOYMENT



EXECUTIVE DIRECTOR

Humboldt County Association of Governments (HCAOG)
The regional transportation planning agency for Humboldt County is seeking well qualified candidates with professional management and leadership experience for the
Executive Director position:
Annual Pay Range: \$108,514 - \$131,899
Application Deadline: 5:00 p.m. October 19, 2020
Send cover letter, resume, and three work-related references to HCAOG at:
611 I Street, Suite B, Eureka CA 95501 or email:
debbie.egger@hcaog.net
A detailed job description may be obtained @ www.hcaog.net

MARKETPLACE

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ALDERPOINT – LAND/PROPERTY – \$395,000
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RIO DELL – LAND/PROPERTY – \$379,000
±14 Acres in Rio Dell! Spring, flat tillable land, and subdivision potential. City lot across the street included in sale. Adjacent parcels also listed for sale.



WILLOW CREEK – LAND/PROPERTY – \$150,000
±9 Acre lot located at the top of the Bigfoot subdivision! This property boasts buildable flats, community water and power at the street.



WEAVERVILLE – LAND/PROPERTY – \$109,000
±40 Acres close to Weaverville with beautiful views just waiting for you! Property features power close by and buildable flats.



DOUGLAS CITY – HOME ON ACREAGE – \$355,000
±124 Acres overlooking Reading Creek! Easy access, year round creek (with fish), buildable flats, solar system, and an unfinished 2,100 sqft 3/2 house!

WILLOW CREEK – HOME ON ACREAGE – \$1,005,000
Stunning ±4.5 acre river front property just minutes from Downtown Willow Creek! Parcel features a grand main 2/3 home, secondary 2/1 home, pool, outdoor kitchen, outbuildings, orchard, and trail to the river!



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Bright and sunny 2/2 home on ±1.5 acres with a large metal building, additional workshop, and nice covered deck to enjoy the beautiful mountain views.



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